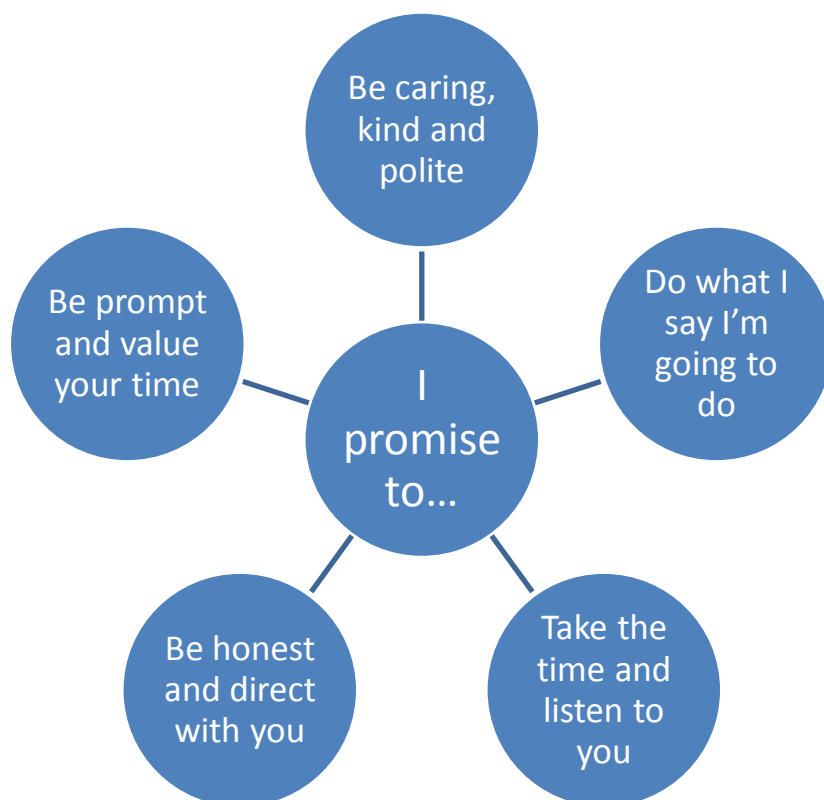


<b>Job Title:</b>	Senior Clinical Psychologist
<b>Band:</b>	8a
<b>Hours:</b>	37.5 Hours (
<b>Department:</b>	Lambeth CAMHS
<b>Location:</b>	River Team, Lambeth CAMHS, William Geoffrey House, 35 Black Prince Rd, London SE11 6JJ
<b>Reports to:</b>	River Team Clinical Service Lead
<b>Responsible for:</b>	Junior Clinical Psychology and CAMHS Practitioners

**Job Purpose:**

- The post holder will provide a highly specialist clinical psychology service to children, young people and families in our Tier 3 Generic Service in the Lambeth CAMHS River Team. The post holder will offer highly specialist psychology service to children & young people families & carers including assessment, treatment, planning, implementation and monitoring of outcomes. The team supports children and young people with complex mental health difficulties for e.g. anxiety, low mood, emotional and behavioural concerns, self-harm, behaviour that challenges, suspected and/or diagnosed neurodevelopmental concerns. The post holder will provide a highly specialist clinical psychology service to Lambeth CAMHS including individual work for complex case, group work, consultation, support and training for junior staff within the service; supervision for junior staff. The role will also involve an opportunity for service development and enhance the offer for all children referred to Lambeth CAMHS.



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#### Key Responsibilities:

- To provide specialist input to the assessment, formulation and treatment planning of children with complex mental health concerns. This will be based on the post holder's specialist and advanced theoretical knowledge of psychological theories, up to date knowledge of literature and evidence-based practice to make formulations about clinical presentation and risk.
- To contribute to intake assessment clinics for a wide range of children and young people who present with mental health difficulties in Lambeth CAMHS. Service assessment clinics support children across the tiers of intervention.
- To provide specialist clinical psychology skill, therapeutic input and consultation to other staff members to support their assessments and treatment planning. Children will have a range of presentations including anxiety, low mood, developmental and may have suspected or diagnosed neurodevelopmental concerns.
- To be responsible for a specialist caseload for children with complex mental health concerns e.g. anxiety, low mood, self-harm, difficulties with emotional regulation.
- To provide clinical interventions in line with NICE guidelines and according to treatment pathways in the service. Interventions will typically involve but not limited to CBT, DBT, systemic support. Interventions provided will be according to clinical need and presentation.
- To undertake standardised cognitive assessments, producing psychometric reports, as and when required, and the provision of culturally appropriate reports of the findings and the implications of these. To supervise junior psychology staff in their administration, scoring and interpretation of cognitive assessments.
- Conducting occasional observations of children in school. Use of self-report and other screening measures to assess for comorbid difficulties or aid in differential diagnosis. To support and consult to junior staff to use observational methods and interpret clinically relevant information to support formulation and treatment planning e.g. ADHD diagnostic

assessments.

- Teach and support parents and carers in building skills in managing and coping with behaviour that challenges, child mental health and to improve the parent-child relationships.
- Consulting to other colleagues from other professional backgrounds in relation to children with complex psychological difficulties. Liaison with schools, nurseries, social care and other professionals involved in children's care on issues of mental health.
- To share psychological knowledge and skills. To offer teaching and training sessions to a range of audiences such as parents, allied health professionals, CAMHS colleagues on areas of psychological specialism e.g. clinical interventions to support children with complex mental health presentations. To offer specialist consultations on mental health for the broader River team. To support junior colleagues to implement psychological knowledge and skill to achieve good clinical outcomes. To work in partnership with clinical colleagues in the team, and other agencies, to support integrated practice and service delivery.
- To act as a duty Senior Clinician. To support junior staff on duty when issues of clinical complexity, clinical safety and/or safeguarding needs arise. To partake in the CAMHS duty system when necessary.
- To support and collaborate with other senior management staff to review and support treatment pathways for new referrals to the service.
- To contribute to enabling other staff, service users and carers from diverse backgrounds to flourish by working to create a psychologically safe environment.
- To take a role of clinical leadership within the service to support service development and enhance the offer for children and young people who attend the service.
- To agree outcomes/results with clinical/professional lead and to decide how they are best achieved.
- To undertake service evaluation, audit and research.
- To work as an autonomous professional within BPS and HCPC guidelines and codes of conduct and be guided by the policies and procedures of the service, taking responsibility for own work including treatment and discharge decisions with support of clinical supervisor.

#### Personal Specification:

Essential Requirements	A/I	Desirable Requirements	A/I
<b>Qualifications and Professional Registration</b> <ul style="list-style-type: none"> <li>• Doctorate in Clinical Psychology or equivalent.</li> <li>• Registered with the HCPC as Practitioner Psychologist.</li> </ul>	A/I	<b>Qualifications</b>  Additional Training specific to the clinical practice to work with children with emotional dysregulation and self-harming behaviours	A/I
<b>Knowledge</b> <ul style="list-style-type: none"> <li>• Specialist and transferable psychological skills and knowledge of the theory and evidence base relevant to work with child</li> </ul>	A/I	<b>Knowledge</b>  Specialist advanced knowledge of the clinical and practice issues for	A/I

<p>and young people with moderate to severe mental health needs and/or challenging behaviour. <b>(A/I)</b></p> <ul style="list-style-type: none"> <li>• Knowledge of psychological assessment and clinical psychometrics. <b>(A/I)</b></li> <li>• Knowledge of legislation in relation to the client group and mental health issues, child and adult protection, and equalities including the Children Act, child protection procedures, and the Mental Health Act. <b>(A/I)</b></li> <li>• Doctoral level knowledge of psychological research methodology and complex statistical analysis. <b>(A/I)</b></li> <li>• Knowledge of factors affecting acceptability and accessibility of mental health care. <b>(A/I)</b></li> <li>• Knowledge of the principles underlying confidentiality and information sharing. <b>(A/I)</b></li> </ul>		<p>children with complex mental health presentations</p>	
<p><b>Experience</b></p> <ul style="list-style-type: none"> <li>• Experience of clinical assessments, formulation and interventions with children and young people <b>(A/I)</b></li> <li>• Experience of receiving clinical supervision across a range of client needs. <b>(A/I)</b></li> <li>• Experience of psychological assessment and treatment of children with a range of psychological needs of a complex nature in child and adolescent mental health</li> <li>• Experience in the use of assessment tools <b>(A/I)</b></li> <li>• Experience that supports working with, and addressing issues of, diversity within local communities. This may have been gained through work, research, volunteering and / or lived experience. <b>(A/I)</b></li> <li>• Experience of developing and carrying out research projects. <b>(A/I)</b></li> <li>• Experience of communicating the results from complex psychological assessments effectively and contributing to the formulation of a young person's difficulties by providing information on their level of intellectual functioning and specific cognitive strengths and weaknesses. <b>(A/I)</b></li> <li>• Evidence of using child protection in practice effectively <b>(A/I)</b></li> </ul>		<p><b>Experience</b></p> <p>Evidence of advanced practice and clinical experience as a clinical psychologist working with children within CAMHS</p> <p>Experience of supervising junior clinical staff working with children with complex MH presentations</p> <p>Evidence of service development, leadership, QI projects</p> <p>Evidence of teaching, training and presenting complex clinical information to a range of client groups, stakeholders and professionals</p>	A/I
<p><b>Skills</b></p> <ul style="list-style-type: none"> <li>• To deliver psychological therapy in at least two models of psychological therapy including adapted cognitive</li> </ul>		<p><b>Skills</b></p> <p>Advanced skill as a clinical psychologist to adapt therapeutic</p>	A/I

<p>behavioural therapy for children and young people with complex MH difficulties and across cultural and other differences. <b>(A/I)</b></p> <ul style="list-style-type: none"> <li>To select and administer specialist psychological assessments, interpreting and integrating complex data that require analysis, interpretation and comparison, drawn from several sources. <b>(A/I)</b></li> <li>To be skilled in the administration of psychometric tests, including those that require complex manipulation of test materials. <b>(A/I)</b></li> <li>Consultation skills to work with the multi-professional team or other professional groups within own service. <b>(A/I)</b></li> <li>Skills in providing teaching and training to other professional groups <b>(A/I)</b></li> <li>Well-developed IT skills including entry and analysis of research data. <b>(A/I)</b></li> <li>Skill in teaching and supporting parents in coping and management strategies. <b>(A/I)</b></li> </ul>		<p>work for children with complex MH presentations</p>	
<p><b>Abilities</b></p> <ul style="list-style-type: none"> <li>Proven ability to engage therapeutically with the client group, using a range of therapeutic interventions. <b>(A/I)</b></li> <li>Ability to work effectively within a multi-disciplinary team, contributing to effective team functioning and holding team roles. <b>(A/I)</b></li> <li>Ability to identify and employ mechanisms of clinical governance as appropriate. <b>(A/I)</b></li> <li>Ability to maintain concentration and to remain in restricted positions for long periods during observations, assessments and psychological interventions, and to deal with unexpected interruptions or changes during these. <b>(A/I)</b></li> <li>Ability to manage emotionally stressful situations such as working with victims of abuse or trauma, or with people who engage in severe self-harming or aggressive behaviour. <b>(A/I)</b></li> <li>Ability to manage verbal aggression and hostility directed at self. <b>(A/I)</b></li> <li>Ability to develop and use complex</li> </ul>		<p><b>Abilities</b></p> <p>Advanced ability to work with diverse populations</p> <p>Advanced ability to offer therapeutic support to children and families with complex presentations.</p>	<p>A/I</p>

multi-media materials for presentations in public, professional and academic meetings. (A/I)			
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### About South London and Maudsley:

South London and Maudsley NHS Foundation Trust (SLaM) provide the widest range of NHS mental health services in the UK as well as substance misuse services for people who are addicted to drugs and alcohol. We work closely with the Institute of Psychiatry, Psychology and Neuroscience (IoPPN), King's College London and are part of King's Health Partners Academic Health Sciences Centre. There are very few organisations in the world that have such wide-ranging capabilities working with mental illness. Our scope is unique because it is built on three major foundations: care and treatment, science and research, and training.

SLaM employ around 5000 staff and serve a local population of 1.1 million people. We have more than 230 services including inpatient wards, outpatient and community services. Currently, provide inpatient care for approximately 5,300 people each year and treat more than 45,000 patients in the community in Croydon, Lambeth, Lewisham and Southwark; as well as substance misuse services for residents of Bexley, Bromley and Greenwich.

By coming to work at SLaM, you will gain experience of being part of an organisation with a rich history and international reputation in mental health care. You will have access to professional development and learning opportunities, and have the chance to work alongside people who are world leaders in their field. SLaM delivered more than 14,000 training experiences in 2014; providing an extensive range of learning opportunities for staff at all levels. In addition, our working relationship with King's Health Partners allows those working at the Trust to get involved in academic research.

### LAMBETH CAMHS

The Lambeth Child and Adolescent Mental Health Service (CAMHS) is primarily based at William Geoffrey House with other sites including The Mary Sheridan Centre and The Civic Centre where 4 teams are co-located with the Local Authority. Lambeth CAMHS provides a multidisciplinary diagnostic assessment, treatment, advisory and consultative service for children and adolescents with persistent problems, suggestive of moderate to severe psychiatric disorder. It provides a friendly and supportive environment and regularly provides training placements for psychiatrists, psychologists, nurses & social workers.

### Lambeth CAMHS River Team

The post holder will sit in the Lambeth CAMHS Community Team (River Team). River Team is a multidisciplinary team comprising of senior clinical psychology, nursing, art psychotherapy, child psychotherapy, child psychiatry, therapeutic social work. Practitioners within the team offer a higher level of clinical input, for children and young people with more complex mental health needs that are referred to the service. Treatment offered by practitioners in the team is evidence based and involves children, young people, their families and professional networks.

Clinicians within the team can contribute to service assessment clinics at community sites in Lambeth. The team works very closely with the full range of professionals in the networks for children and young

people including education, voluntary agencies, inpatient services and specialist Tier 4 clinics. The service also has close links with the local authority Children & Young Peoples Service

### **Neurodevelopmental Pathway**

The post holder will also be a core member of the Neurodevelopmental Pathway in Lambeth CAMHS. The Neurodevelopmental Pathway consists of colleagues with special interest and experience of working with children and young people with neurodevelopmental concerns such as ASD, ADHD and learning disabilities. The Neurodevelopmental Pathway includes Clinical Psychology, CAMHS Practitioners and a Child and Adolescent Psychiatry. Clinicians within the pathway provide specialist clinical support on neurodevelopmental issues to inform clinical assessments, formulation and intervention across Lambeth CAMHS. Clinicians also provide supervision, consultation and support on neurodevelopmental issues to clinical colleagues across the tiers of intervention. Clinicians with specialism in neurodevelopmental work are primarily based at the Mary Sheridan Centre for Child Health in Kennington. Clinicians within the team contribute to service assessment clinics at other community sites in Lambeth. The team also works very closely with the full range of professionals in Child Health, which includes running joint assessment & diagnostic clinics, various joint parent groups & participating in joint teaching & consultation. The service also has close links with the local authority Children & Young Peoples Service, including Educational Psychologists, Children with Disabilities Social Services & Special Educational Needs service. The team also works in close liaison with the voluntary sector services for children with disabilities.

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### **Trust Policy and Procedures:**

#### **Confidentiality:**

Confidentiality/data protection regarding all personal information and Trust activity must be maintained at all times (both in and out of working hours) in accordance with professional codes of conduct and relevant legislation such as the Data Protection Act. The post holder should ensure that they are familiar with and adhere to all Trust Information governance policies and procedures. Any breach of confidentiality will be taken seriously and appropriate disciplinary action may be taken.

#### **Equal Opportunities:**

Promote the concepts of equality of opportunity and managing diversity Trust wide.

#### **Health and Safety:**

Employees must be aware of the responsibilities placed upon them under the Health and Safety at Work Act 1974, paying due regard to health and safety in the workplace and management of risk to maintain a safe working environment for service users, visitors and employees.

#### **Infection Prevention and Control:**

Employees must be aware of their responsibilities to protect service users, visitors and employees against the risks of acquiring health care associated infections, in accordance with Trust policy.

#### **Professional standards and performance review:**

Maintain consistently high professional standards and act in accordance with the relevant professional code of conduct. Employees are expected to participate in the performance review process.

**Service/Department standards:**

Support the development of performance standards within the Service/Department to ensure the service is responsive to and meeting the needs of its customers.

**Finance:**

All Trust staff will comply with the financial processes and procedures.

**Safeguarding Children & Vulnerable Adults:**

Employees must be aware of the responsibilities placed on them under the Children Act 1989, 2004 and the trusts safe guarding vulnerable adults policy.

**Code of Conduct:**

The post holder is required to adhere to the standards of conduct expected of all NHS managers set out in the Code of Conduct for NHS managers.

This job description will be subject to regular review and adjustment.

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**SUMMARY:**

This job description is an outline of the key tasks and responsibilities of the post and the post holder may be required to undertake additional duties appropriate to the pay band. The post may change over time to reflect the developing needs of the Trust and its services, as well as the personal development of the post holder.