



Working for North London Mental Health Partnership

The partnership between **Barnet**, **Enfield and Haringey Mental Health NHS Trust (BEH)** and **Camden and Islington NHS Foundation Trust (C&I)** is going from strength to strength since it was originally established in 2021 forming the **North London Mental Health Partnership**.

Why choose to join the Partnership?

- We believe that by working together, our two Trusts can achieve more for the residents of North Central London and our patients than we can by working apart.
- Deliver the best care using the most up-to-date practise in supporting those with mental health illnesses.
- Transforming and creating a positive environment for our service users, staff and visitors.
- Creating and working together to become a great place to work for all our staff.
- We offer flexible working, a wide range of health and wellbeing initiatives, NHS Pension and so much more.
- Generous Annual Leave Allowance
- NHS Discounts in a large variety of retail stores and services.
- We have excellent internal staff network support groups.

The postholder will need to be comfortable working in an environment of complex matrix management arrangements and will at all times behave and align with our Trusts' values and cultural pillars:







Person Specification

| Post Title: | Mental Health Practitioner | Band: | 7 | Speciality | cPTSD pathway |
|-------------|-------------------------------|---------|-------------|------------|---------------|
| | (Nurse/AHP/Social Worker/ OT) | | | | |
| Division | Haringey Adult | Org Nam | e cPTSD pat | hway | |

| Selection Criteria | Essential Criteria | Desirable Criteria | Means of Assessment Application (A) /Interview (I) |
|----------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------|
| Qualifications/ Registrations | Current Professional Registration Practitioner must be registered with relevant regulating body for example the HCPC/ Mental Health Nurses must be registered with NMC and have the relevant qualifications. Evidence of Continued Professional Development in alignment with Registration standards | Undertaken Postgraduate courses relevant to the post | A |
| Skills/ Abilities | Knowledge of evidenced based practice Pertaining Mental Health as a speciality. Able to manage a caseload of clients with complex needs. Able to contribute to the development of intervention and support for the identified patient group and their families Able to undertake comprehensive risk assessment and implement and evaluate risk management plans Able to communicate complex information to patients, carers other | IT skills - Ability to use spread sheets and computerised systems Ability to use initiative as appropriate Knowledge of the frameworks and legislation within which to work with people with No Recourse to Public Funds | A & I |

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| | Health professionals and team. | | |
| | | | |
| | The ability to discuss clinical reasoning in | | |
| | the management of complex cases | | |
| | | | |
| | Able to demonstrate understanding of the needs of | | |
| | particular patient groups and promote social inclusion | | |
| | Able to build opportunative relationships with we wath | | |
| | Able to build constructive relationships with warmth | | |
| | and empathy, using good communication skills | | |
| | Excellent ability to work effectively in a | | |
| | team environment | | |
| | teamenvironment | | |
| | Able to provide a high standard of clear | | |
| | concise, written and verbal reports in | | |
| | English | | |
| | | | |
| | Excellent time management skills with | | |
| | Ability to organise, prioritise and delegate. | | |
| | | | |
| | Ability to manage own stress and work in | | |
| | a stressful and unpredictable | | |
| | Environment. | | |
| | | | |
| | Ability to self-direct learning, be critical | | |
| | and evaluate own learning needs. | | |
| | | | |
| | IT skills, including using hospital data | | |
| | systems. | | |
| | Linderstanding of elipical governance | | |
| | Understanding of clinical governance | | |

| | Awareness and understanding of NHS structure, current issues and developments Understanding of the legal responsibilities of the profession | | |
|--------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------|
| Experience/ Knowledge | Experience and ability to work collaboratively within MDT as a Care Coordinator under the Care Programme Approach Working with patients with severe and complex mental health problems | Previous experience at Band 7 level Experience of managing a caseload of patients with complex difficulties Experience of CPA / Care Coordination Experience of facilitating groups for people with mental health difficulties Experience of working with complex mental health presentations including Personality Difficulties Experience of working with psychological therapists and an interest in psychological approaches Experience of working with patients who have a diagnosis of PTSD or cPTSD | A & I |
| Personal Qualities | Self-motivated with a clear vision of role | | A & I |

| | Demonstrate professional independence Work in a flexible manner and adapt to changing environments | |
|-----------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------|
| | Willingness to work as a proactive member of the MDT and to travel to and from various locations | |
| Other Requirements | The post-holder must have the ability to understand and implement the Equal Opportunities Policy at a level appropriate to the job and be committed to anti- discriminatory practice. | A & I |

| Date: | 18th April 2024 |
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| Prepared By: | Dr Anne Whelan, Consultant Clinical Psychologist |