



Post Title: Eating Disorders Nurse

Department: All Age Eating Disorders Service

Location: Black Country

Directorate: CYPF

Band: 6

Hours: variety of posts and hours available

Contract Type: Permanent

Responsible to: Team Lead

Responsible for:

Job Purpose

- 1.To contribute to the management of a team caseload of clients with complex eating disorder needs, using CPA principles, evidence based/client centred principles to assess, plan, implement and evaluate interventions, which will be delivered mainly in community setting.
- 2.To support care co-ordination within the eating disorder provision and attend relevant team meetings.
- 3.To provide specialist assessment and intervention as part of a multi-disciplinary approach, with specific responsibilities regarding the care of children and young people who present with complex eating disorders.
- 4.To support the Service Manager/Team leader in providing leadership and day-to-day management for junior staff, students through supervision and appraisal.
- 5.To support the multi-disciplinary team in Eating Disorder service and NHS England case managers with arranging appropriate inpatient admissions, monitoring and liaising with the units to ensure a timely discharge back into the care of local provisions.



6.To contribute to and facilitate evidence based assessments and individual and group interventions within home, school and community settings as per care plan/service requirement.

7.To contribute to the maintenance and development of the Service

Main Duties/Responsibilities

Clinical

1.To provide specialist assessment, planning, implementation and evaluation of care, service users referred to the all aged Eating Disorder Service.

2.To collaboratively engage service users in a personalised care planning approach.

3.To actively support the CPA process where required.

4.To care co-ordinate service users with complex eating disorders as appropriate.

5.To carry out advanced eating disorder risk assessment

6.Contribution towards selection of the most appropriate psychosocial interventions for implementation by the team.

7.To personally maintain accurate records and ensure that standards of record keeping are maintained by those supervised by the post holder.

8.To monitor and implement risk assessments.

9.To contribute to delivering interventions to a team caseload comprising of service users and their families/carers with complex eating disorder needs.

10.To demonstrate flexibility in working hours as agreed with the line manager.

11.Developing and maintaining supportive professional networks across the trust.

12.To ensure that professional standards of practice are maintained.

13.To liaise with and actively promote excellent working relationships, communication & working practices with referring teams and partner agencies. This would include the provision of expert advice to multi-agency partners and acute paediatric services.

14.To, where necessary, provide a single point of contact to professionals for emergency referrals and mobilise resources accordingly to ensure that the national guidance and standards for the assessment of urgent under 18 year olds with eating disorders is adhered to.



15.To participate in the translation of policy to practice and the development of protocols and procedures for the service alongside senior clinicians and managers.

16.To actively contribute to team and individual staff training and development within acute services, CAMHS/Eating disorder care group, and wider trust as directed.

17.To support and facilitate admission and discharge pathways to the day and inpatient service.

18.Provide and receive appropriate managerial, professional and clinical supervision and actively participate within group supervision to support team development.

19.To adhere to the nursing professional code of ethics and professional conduct and trust policy and comply with local and national clinical standards of practice.

Managerial

1.Supervises staff, including supporting senior staff, with appraisals, professional development plans, recruitment and selection, and managerial supervision.

2.To contribute to the development and maintenance of audit & information systems, clinical and managerial, as required.

3.Contribute to the prioritisation and organisation of response of referrals to the team.

4.To support multi-disciplinary student placements to the team and act as a mentor or professional supervisor, providing written assessment of students where appropriate.

5.To contribute to the Trust and Professional clinical and governance arrangements including the quality agenda.

General

1.To participate in the trust's performance review and professional development planning process on an annual basis.

2.Plan and organise own daily activities in line with service need.

3.To undertake professional, clinical and managerial supervision at a frequency agreed with your managerial supervisor and clinical supervisor respectively.

4.To apply specialist professional skills and knowledge to establish professional competence and fitness to practice.



- 5.To demonstrate ongoing professional development through participation in internal and external development opportunities recording learning outcomes within a professional portfolio.
- 6.To contribute positively to the effectiveness and efficiency of the team, and be responsible for one's own morale.
- 7.To achieve and demonstrate agreed standards of personal and professional development within agreed timescales.
- 8.Undertake training as necessary in line with the development of the post and as agreed with the line manager as part of the personal development planning process.
- 9.To undertake any other duties at the request of the line manager and or professional lead, which are commensurate with the role, including project work, internal job rotation and absence cover.
- 10.To contribute to a healthy and safe working environment by adhering to health and safety regulations and Trust policies promoting safe working practice, maintaining the requirements for health and safety, manual handling, COSHH, fire safety and the environment.
- 11.To undertake any other duties of a similar nature consistent with the responsibilities of this post in order to provide a quality All age eating Disorder Service.

Trust Values

Employees, workers, and / or contractors will be expected to uphold the values of the Trust and exhibit the expected Trust behaviours aligned to the Trust's values. Individuals have a responsibility to ensure that they display the Trust values and behaviours in carrying out their job and that individuals feel able to challenge (or raise a challenge) when other colleagues' behaviours breach the spirit of Trust values.

Confidentiality and Data Protection

Staff are to familiarise themselves with the Employer's data protection policy when this is available, which sets out its obligations under the General Data Protection Regulation, the UK Data Protection Act 2018 and all other data protection legislation. You must comply with the Employer's data protection policy at all times and you agree that you will only access the systems, databases or networks to which you have been given authorisation and only for the purposes of your work for the Employer. The Employer will consider a breach of its data protection policy by you to be a disciplinary matter which may lead to disciplinary action up to and including



summary dismissal. You should also be aware that you could be criminally liable if you disclose personal data outside the Employer's policies and procedures. If you have any queries about your responsibilities in respect of data protection you should contact the Employer's Data Protection Officer.

Data Quality

The post holder should ensure any data/information prepared for either internal or external analysis is 'fit for purpose' i.e. that it is accurate, valid, reliable, timely, relevant and complete.

No Smoking

The Trust has a no smoking policy. Smoking is not allowed on any Trust premises.

Health and Safety

The post holder will take personal responsibility for any Health & Safety issues and obligations under the Health & Safety at Work Act. The post holder should also be aware of and comply with other relevant legislation and policies e.g. Fire Regulations.

Clinical Governance

All employees are required to actively contribute towards the Trust's clinical governance systems, taking responsibility as appropriate for quality standards, and work towards the continuous improvement in clinical and service quality.

Infection Prevention & Control

Infection prevention & control is everybody's responsibility, it is a requirement for all Trust staff to comply with all Trust infection control policies and procedures.

- All Trust staff should ensure that they fulfil their responsibilities for infection prevention and control, that they provide leadership where appropriate in infection control matters and that they challenge poor infection control practice in their workplace.
- All staff must adhere to the Trust's Hand Decontamination Policy
- All staff are expected to behave in a manner which protects patients, public and colleagues from infection risks within the scope of their role.
- All staff should have infection control training at induction and annual infection control updates as required.
- All clinical staff will have annual infection control objectives set and these will be reviewed at appraisal.



Safeguarding Adults

Safeguarding is 'Everybody's Business'. It means protecting people's health, well-being and human rights. It includes protecting their rights to live in safety, free from abuse and harm; taking their views, wishes, feelings and beliefs into account. In the West Midlands, the main statutory agencies work together to promote safer communities, to prevent harm and abuse and to deal with actual or potential when concerns arise. These Organisations which include Black Country Healthcare NHS Foundation Trust work together to achieve these outcomes by working within the Safeguarding Adults multi-agency policy and procedures for the West Midlands and adhering to the local Safeguarding Adult policy and procedures. Staff can contact the Trust Named Nurses for Safeguarding Adults or a member for advice and support if they have concerns. It is an employee's responsibility to comply with all current legislation and relevant Safeguarding training as breaches may lead to an employee being subject to disciplinary action.

Safeguarding Children

All members of staff have a responsibility to ensure that children and young people are safe from abuse or harm. Employees must comply with Local Safeguarding Board Child Protection Policy and Procedures and Black Country Healthcare NHS Foundation Trust Safeguarding Children Policy. Staff can contact the Trust Named Nurses for Safeguarding Children or a member for advice and support if they have concerns. It is an employee's responsibility to comply with all current legislation and relevant Safeguarding training as breaches may lead to an employee being subject to disciplinary action.

Professional / Managerial Codes of Practice

The post holder is expected to abide by the relevant codes of practice of the registering body for healthcare professionals, and, where applicable, the NHS Code of Conduct for managers.

Policies and Procedures

The post holder is required to abide by all policies and procedures of the Trust.

Pandemic / Other Emergencies



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In the event of a pandemic being declared, the post holder may be required to adjust their days of work, hours of attendance, work base, and duties to support the delivery of services.

Job Description

This document is not intended to be an exhaustive list. Other duties, responsibilities and work base appropriate to this role / grade, may also be required. The manager will discuss this with the post holder where necessary.

Post Holder's Signature:

Date:

