



# IBD Clinical Nurse Specialist

Department: Gastroenterology  
Emergency and Integrated Care Division

## JOB DESCRIPTION







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# Welcome



Chelsea and Westminster Hospital NHS Foundation Trust is proud to be one of the top performing and safest trusts in England.

We have two main acute hospital sites—Chelsea and Westminster Hospital and West Middlesex University Hospital, plus our award-winning clinics across North West London and beyond.

- We employ over 7,000 staff and 500 volunteers
- We treat someone in A&E every 90 seconds
- We deliver a baby every 50 minutes
- We operate on a patient every 16 minutes
- We do 50 imaging procedures each hour
- We serve a diverse population of 1.5 million from the beginning to the end of life

## Our values

Our PROUD values demonstrate to staff, patients and the public the standards of care and experience they should expect from our services:

- Putting patients first
- Responsive to patients and staff
- Open and honest
- Unfailingly kind
- Determined to develop

## Job summary

Job title	IBD Clinical Nurse Specialist
Band	Band 7
Division	Emergency and Integrated Care
Responsible to	Lead Nurse CNS
Accountable to	Divisional Director of Nursing
Type of contract	Permanent
Hours per week	37.5 hours per week
Location	West Middlesex University Hospital

The post holder will be required to work as part of the inflammatory Bowel Disease (IBD) service, alongside the multidisciplinary team with input from Physicians, Surgeons, Radiologists, Pathologists, Dieticians and Pharmacists.

After a period of induction, you will be required to provide Specialist advice and assessment, implementation and evaluation of care for patients with an IBD diagnosis and support the entire team in the delivery of inpatient care, day cases, outpatient clinics and virtual clinical care.

## Key responsibilities

### Clinical

- To provide a specialist nurse led service working autonomously in providing care for IBD patients and their families according to agreed protocols or as specified by the Consultant Gastroenterologists.
- To clinically assess patients attending for routine follow-up of IBD, to monitor and evaluate disease activity, ordering and interpreting specific haematological, endoscopic investigations or imaging as indicated.
- To recommend treatment, alter drug dosages according to management guidelines.
- To encourage adherence with recommended management plans.
- To promote a better understanding of IBD for patients and their carers through education, providing support and counselling where necessary in order to empower patients to take a greater part in self-managing their disease.
- To follow-up and monitor patients taking Azathioprine and other immunosuppressive agents.
- To request and act on blood results to avoid complications and improve safety.

- To co-ordinate requests for biological therapy with Consultants, pharmacy and Community partners.
- To counsel IBD patients pre biological therapy and perform immunity screening and improve safety with biological therapy.
- To check and prepare patients for biological therapy according to NICE and local guidelines and take consent for patients undergoing this therapy.
- To offer rapid access to specialist advice and disease management through telephone support and flare up appointments in the nurse clinic.
- To maintain a comprehensive functional database of IBD patients for clinical, audit and research purposes.
- To attend the Multidisciplinary Gastroenterology Team Meetings, document recommendations and refer to other medical or surgical specialities as appropriate.
- To act as the patient advocate at all times.

#### Education, Training and Development

- To plan, implement and evaluate teaching sessions for ward staff involved in caring for IBD patients.
- To act as a resource for pre and post registration nurses.
- To provide opportunities to shadow the IBD CNS, e.g. student nurses, newly qualified nurses, nurses on induction, dieticians, medical students.
- To demonstrate expert knowledge of the literature regarding IBD by regularly reviewing the literature and applying to practice.
- To undertake responsibility for own professional development, undertake appropriate activities, attend relevant conferences to update clinical knowledge and skills and apply to practice.
- To recognise own limitations whilst working within the Scope of Professional Practice.

#### Research and Audit

- To actively participate in clinical audits and monitor clinical effectiveness of the role.
  - To use audit results to promote and drive change as appropriate.
  - To actively disseminate good practice.
  - To participate in research projects and submit papers for publication.
- #### Managerial Responsibilities
- To maintain accurate records to ensure patient care is appropriate and that audit can be undertaken.

- Work across boundaries with medical and surgical teams to ensure the best care for IBD patients
- To work with On Call teams to arrange medical admissions for urgent patients to avoid A&E delays.
- To deal with and record incidents/complaints involving staff, patients, visitors etc. when such issues are witnessed by or involve the nurse specialist.
- To attend and actively contribute to meetings
- To help manage the IBD database and any future upgrades.
- Professional and Legal responsibilities
- Lead on developments and innovations in nursing practice throughout the Trust and primary care.
- Provide a leadership role model, developing and demonstrating expert knowledge and high standards of clinical practice.
- Act as a role model and mentor to staff, providing formal and informal education and support for them in their provision of care for the IBD patients.
- Maintain own professional development through annual/bi-annual appraisal of clinical performance and the production of a professional development plan.
- Assess own educational needs and take steps to keep up to date with clinical and nursing developments, in line with requirements by the NMC.

## COMMUNICATION

- Ensure all communication, which may be complex, contentious or sensitive, is undertaken in a responsive and inclusive manner, focusing on improvement and ways to move forward.
- Ensure all communication is presented appropriately to the different recipients, according to levels of understanding, type of communication being imparted and possible barriers such as language, culture, understanding or physical or mental health conditions.
- These duties are not exhaustive and will be reviewed with the post holder, allowing for amendments within the broad scope and band level of the role
- All duties must be carried out under supervision or within Trust policy and procedure. You must never undertake any duties that are outside your area of skill or knowledge level. If you are unsure you must seek clarification from a more senior member of staff.

- Appointment to this post is subject to the Rehabilitation of Offenders Act and the post holder is required to undertake a Disclosure & Barring Service Check (DBS).

This job description may be subject to change according to the varying needs of the service. Such changes will be made after discussion between the post holder and his/her manager. All duties must be carried out under supervision or within Trust policy and procedure. You must never undertake any duties that are outside your area of skill or knowledge level. If you are unsure you must seek clarification from a more senior member of staff.

## Person specification

Job title	Ward Sister/Charge Nurse
Band	Band 6
Division	Emergency and Integrated Care

Evidence for suitability in the role will be measured via a mixture of application form, testing and interview.

E = essential

D = desirable

## Trust values

Putting patients first	E
Experience in practice and service development including nurse led services	D



## Skills and knowledge

Demonstrable leadership skills	E
Knowledge of clinical governance and its application	E
Knowledge of Gastro-intestinal disease processes	E
Effective interpersonal skills	E
Excellent problem-solving skills	E
Skilled negotiator	E
Understand physiological systems, disease processes and risk associated medical technologies	E
Able to work autonomously	E
Audit skills	D
Critical analysis skills	E
Change management skills	D

## Personal qualities

Desire to develop own knowledge and skills and lead on improvement in service provision

	E
Excellent verbal and written communication skills with patients, relatives, carers and MDT.	E
Ability to work autonomously and also be part of a team	E
Have the ability to prioritise workload under pressure and to strict deadlines.	E
Ability to respond calmly in difficult situations( e.g. verbal aggression)	E
Good organisational skills	E



**Chelsea and Westminster Hospital**  
NHS Foundation Trust

369 Fulham Road  
London  
SW10 9NH

**Main Switchboard**  
+44 (0)20 3315 8000

**Website**  
[www.chelwest.nhs.uk](http://www.chelwest.nhs.uk)



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