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## **JOB DESCRIPTION**

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**DATE:** June 2021

**REF NO:**

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### **JOB DETAILS**

**JOB TITLE:** Senior Community Perinatal Practitioner

**BAND:** 6

**HOURS:** 37.5 (Full Time)

**DEPARTMENT:** Specialist Community Perinatal Practitioner

**LOCATION:** Staffordshire

**REPORTS TO:** Operational Team Leader

**ACCOUNTABLE TO:** Service Manager

**RESPONSIBLE FOR:**

1. Working in a Specialist Perinatal community mental health pathway, with the flexibility of working across the Trust, dependent on skill and service need.
  2. Delivering a high quality clinical service to patients and their families.
  3. Managing a complex caseload and responsible for clinical and caseload supervision of other team members where identified.
  4. Delivering interventions, in accordance with an agreed care plan, to mothers experiencing mental health related difficulties.
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### **WORKING RELATIONSHIPS**

**INTERNAL:**

- Service Manager
- Directorate Management Team & Professional Leads
- Community Team
- Ward Team
- Adult Mental Health Services (Crisis Home Treatment, Community Mental Health Teams, Inpatient Services)
- Children's Services

**EXTERNAL:**

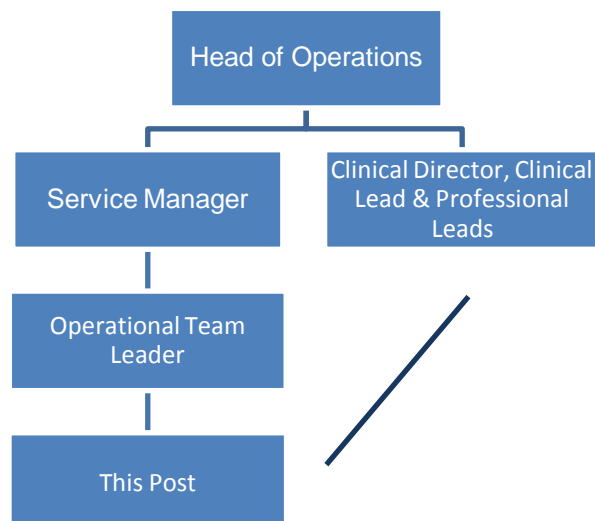
Mothers, Babies and Partners / Carers  
GPs  
Other Perinatal Services  
Health Visitors / Midwives  
Acute Hospital Services (Obstetrics, Midwifery, Paediatrics)  
Social Services  
Partner Organisations and personnel including third sector

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**JOB PURPOSE**

The post holder will deliver a high quality, comprehensive mental health service for mothers with serious and enduring mental health difficulties. The role involves managing a defined caseload, acting as a key member of the multi-disciplinary team, the post holder will provide assessment, psychosocial, evidence-based interventions using a collaborative approach and will be skilled at risk assessment and management. S/he will complement the multi-disciplinary working of the team, providing supervision for other team members, as agreed with the Operational Manager. She/he will participate in team and service development and evaluation. Liaison, advice and consultation with a wide range of agencies is central to the role.

**ORGANISATIONAL STRUCTURE**





## **KEY RESPONSIBILITIES**

### *Main duties and responsibilities*

- Take responsibility for the management of a complex caseload, which includes, specialist assessment (within service specification), care planning in conjunction with service user and carer, evaluation of individual treatment plans (Care Programme Approach and Single Assessment Process).
- Responsible for participating in the setting of quality standards, including the auditing, monitoring and reviewing of practice in line with current clinical guidance practice and policy.
- Assess patient's individual care needs, develop, implement and evaluate programmes of care.
- Deliver a range of interventions in accordance with the agreed plan of care and Pathway guidance including; pharmacological and psychologically informed interventions.
- Complete and contribute, where appropriate to robust risk assessments and risk management plans. Deliver and promote positive risk taking, where appropriate, to improve quality of life and maximise occupational performance/independence.
- Maintain an effective reporting system by observing and reporting verbally and in writing on patient conditions.
- Utilise agreed outcome measures to review the effectiveness of interventions, as part of the care planning and evaluation process.
- Participate in the development of the service to ensure clinical governance processes are actively implemented at team level.
- Assist in ensuring that the aims and objectives of the ward/department (as set by the responsible nurse) are fulfilled and to identify factors which may inhibit these from being achieved.
- The post holder will be required to work within the NMC Code of Practice and professional guidelines.
- Maintain an up-to-date level of professional competence within the specific environment.
- Assist in the implementation of evidence-based nursing practice and participate in research and other projects as required.

### *Research and Service Development*

- Identify and highlight to the Pathway Manager relevant issues in relation to the needs for people and their carers; assessed using best practice evidence, in order that these are reflected in service planning, development and future provision.
- Develop efficient and relevant health promotion activities to promote health education and ensure that preventative approaches and interventions are used to maintain independence.
- Actively engage in the organisations clinical governance initiatives, for example to participate and lead in audit, clinical supervision and bringing critically evaluated evidence and research into practice.
- Participate and lead on research within area of clinical expertise.
- Participate in the development of the service to ensure clinical governance processes are actively implemented at team level.

### *Human Resources and Training*

- As required, supervise junior staff; provide clinical advice/supervision support,



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leadership and professional supervision, in line with Trust Policies.

- Support in the provision of formal and informal training of pre/post registration students, staff members, carers and service users.
- Participate in staff appraisal and performance reviews as identified.
- To participate, when required, in the recruitment, selection and induction of junior/support staff.
- Provide a learning environment to support students (multidisciplinary) undergoing training and assist new and junior members of staff, peers and other disciplines to develop professional competence.
- Lead on the development and delivery of specialist Mental Health education and training to: clients, carers, families' staff, students and other relevant organisations.
- Promote mental health education to reduce stigma within the community and support relatives of sufferers of all types of Mental illness.

### *Systems and equipment*

- Maintain timely data collection and regular inputting of information through the use of data collection systems e.g. daily diaries/RIO, Safeguard, ensuring that confidentiality is maintained at all times in accordance with legislation and Trust policy.
- Return accurate Mental Health Minimum Data Set (MHMDS) data to Planning and Information Department as required. Ensure all key targets are met and entered on the computer system as per Trust policy.
- To work in partnership with other service providers to access and provide equipment and opportunities for service users to maximise functioning where possible.
- Responsible for ensuring actions are carried out where safety alerts are issued regarding equipment.

### *Decisions and judgements*

- Undertake specialist assessments of patients with complex mental health, physical health and social problems to ensure appropriate treatment support and management.
- Undertake a comprehensive and specialist nursing mental health assessment resulting in an individualised care plan.
- Facilitate the discharge or transfer of the patient to other services where appropriate.
- Ensure that practice is evidence-based paying particular attention to the Trusts guidelines, policies, protocols and pathways.
- Be available for individual supervision with agreed clinical supervisor in line with Trust policies.
- Implement, review and maintain Trust Policies and Procedures and propose changes to working practices within the ward area.

### *Communication and relationships*

- Communicate sensitive diagnosis and treatment related information with patients, utilising highly developed communication skills to overcome barriers to understanding.
- Establish therapeutic relationships with service users, and implement evidence based therapeutic interventions with appropriate boundaries in accordance with professional code of conduct.
- Ensure that all members of the multi-disciplinary team, their colleagues, service users and appropriate others are informed/updated of changes involving current care plans, progress, mental state and psychosocial factors in line with best practice.



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- Liaise with and advise service users and carers, local authority and other statutory bodies and third sector agencies.
- Communicate sensitive information to carers and relatives.
- Use a range of communication styles and channels as appropriate to the task.

### *General*

- Responsible for the promotion of carer and service user involvement within the service and for its provision.
- Responsible for participation in the Trust appraisal process, identifying own/others mandatory professional, supervisory, personal development and training needs and in supporting the provision of induction, mentorship, appraisal and clinical supervision to colleagues as appropriate.
- Responsible for the effective utilisation of clinical/financial resources to ensure adequate clinical care is provided with a requirement that all incidents, which may compromise care, are reported immediately to a senior manager, and clinicians involved in their care as appropriate.
- Responsible for accessing and participating in clinical, managerial and caseload supervision.
- Responsible for understanding and meeting own professional responsibilities under Child Protection legislation and Adult Safeguarding policies.

### *Physical demands of the job*

- *The post holder will be expected on a daily basis to implement highly developed physical skills pertinent to the area of specialism, for example, injection administration, manual handling, de-escalation skills and driving.*
- *Standard keyboard skills required for inputting data onto RiO.*

### *Most challenging/difficult parts of the job*

- *The nature of the client group is such that the post holder will be required to concentrate when assessing / implementing programmes of care and will need to be able to address interruptions from other patients / staff as necessary.*
- *The post holder will be frequently exposed to emotional or distressing circumstances.*
- *The post holder will frequently be exposed to potential incidents of physical and non-physical assault.*

## **JOB STATEMENT**

<b>Infection Control</b>
Maintain an up to date awareness of the infection control precautions relevant to your area of work and implement these in practice. As a minimum, this must include hand hygiene, the use of personal protective equipment, the use and disposal of sharps and communicating the importance to patients, prison staff and other health care staff you are working with. Details of the precautions and sources of advice and support to assess and manage infection control risks are provided through mandatory training which all staff must attend at intervals defined in the Trust policy on mandatory training and can be found in the Trust's infection control policies and national guidance, such as that published by NICE.
<b>Learning and Development</b>
As an employee of the Trust, you have a responsibility to participate, promote and support others in undertaking learning and development activities. This includes a proactive approach to ensuring you meet the statutory/mandatory training requirements of your role, and engaging in KSF appraisal processes in line with Trust policy and guidance.
<b>Health and Safety</b>
As an employee of the trust you have a responsibility to abide by the safety practices and codes authorised by the trust. You have an equal responsibility with management, for maintaining safe working practices for the health and safety of yourself and others.
<b>Constitution, Competence and Capability</b>
As an employee of the Trust you have a responsibility to promote and abide by the rights and responsibilities outlined in the NHS Constitution. You are additionally expected to adhere to Organisational/National/Regulatory Codes of Practice relevant to the role you are employed to undertake. At all times it is expected that you will limit the scope of your practice to your acquired level of competence and capability.
<b>Dignity at Work Statement</b>
South Staffordshire and Shropshire Healthcare NHS Foundation Trust are committed to treating all of our staff with dignity and respect. You are responsible for behaving in a way that is consistent with the aims of our Equality and Diversity Policy. This includes not discriminating unfairly in any area of your work and not harassing or otherwise intimidating other members of staff.
<b>Safeguarding Children and Vulnerable Adults</b>
All Trust employees are required to act in such a way that at all times safeguards (and promotes) the health and well-being of children and vulnerable adults. Familiarisation with and adherence to Trust Safeguarding policies is an essential requirement of all employees as is participation in related mandatory/statutory training.



## PERSON SPECIFICATION

<b>JOB TITLE:</b>	Senior Community Perinatal Mental Health Practitioner		
<b>DEPARTMENT:</b>	Perinatal Services	<b>BAND:</b>	6

\*Assessed by: A = Application I = Interview R = References T = Testing

ESSENTIAL CRITERIA	*	DESIRABLE CRITERIA	*
<b>QUALIFICATIONS &amp; TRAINING</b>			
Registered mental health Nurse/Social Worker or Occupational Therapist	A	Leadership qualification	A
		BSc degree in nursing/social work/occupational therapy or equivalent level	A
Post-registration experience, evidence of formal courses and training at diploma/degree level.	A	Qualification in providing supervision	A
		Qualification in coaching	A
		Non – medical Prescriber	A
		Psychological intervention Qualification including EMDR, CBT, CBTp, Family Interventions, CAT, DBT	A
		Phlebotomy	A
<b>EXPERIENCE</b>			
Evidence of extensive post registration experience with working with adults experiencing mental health related difficulties	A/I/R		
Experience of working with women experiencing perinatal mental health needs/knowledge of demographic risk factors for this client group.	A/I		
Experience of working with people who have difficulty in engaging with services	A/I		



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and have complex mental health needs			
Experience of working in community setting and making decisions autonomously	A/I		
Experience of assessing, planning, co-ordinating and managing people with mental health problems in a community setting.	A/I		
Experience of integrating care delivery across multi-disciplinary /multi agency teams	A/I/R		
Experience of leading/contributing to CPA/SAP process	A/I/R		
Experience of presenting at local/national level	A/I		
Experience and ability to carry out clinical audit	A/I		
<b>SKILLS, KNOWLEDGE &amp; ABILITIES</b>			
Knowledge of the Mental Health NICE Guidelines	A/I		
Understanding of the principles of the Care Programme Approach and Community Care Act	A/I/R		
Demonstrate understanding of Equality and Anti-discriminatory practice	A/I/R		
Knowledge of other relevant local and national documents/drivers that affects practice	A/I		
Knowledge of the wide range of statutory independent and third sector service provision for adults with mental ill health	A/I		
Skills of assessing, planning and evaluating care, for people with mental health related difficulties, utilising the principles of Recovery	I		





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Skilled in the assessment of clinical risk and developing and communicating appropriate risk management plans	A/I		
Knowledge and experience of holistic assessment of someone's mental ill health, strengths and needs and appropriate nursing and multi-disciplinary and agency interventions.	A/I	Skilled in utilising specific assessments and outcome measures including; GAD7, PHQ9, CAARMS, PANNS, SWEMWBS, Lunsers, GASS	A/I
Ability to complete and interpret HONOS	A/I		
Ability to integrate the assessment, care planning and the review process for service users/carers in a sensitive manner	A/I		
A range of skills and knowledge to deliver evidence based interventions	A/I		
Knowledge of the physical health needs and monitoring requirements for people receiving adult community mental health services	A/I		
Skilled in interventions to engage people difficult to engage	A/I		
Skilled in interventions to support concordance with treatment interventions	A/I		
Knowledge of Mental Health Act, the Mental Capacity Act and DOLS	A/I		
Range of Interpersonal skills, (communication, listening, working collaboratively) maintaining good working relationships with service users/carers, other service providers and agencies	A/I		
Ability to manage staff/support workers and to incorporate management/leadership skills into practice including: promoting positivity,	A/I		



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supporting innovation, management of performance, delegation and caseload and clinical supervision.			
Supervisory skills and knowledge to be able to provide clinical supervision	A/I		
Participate in Staff Appraisal and Performance Review	A/I		
Ability to work to agreed Quality Standards (CQUINS, CQC, MONITOR, NHSLA, NHS OUTCOMES and others)	I		
Accurate and timely recording and maintenance of information systems	A/I		
Ability to type into and read information from electronic records.	A/I		
Ability to manage conflict and complexity	A/I		
Ability to work across community settings and travel across a geographical area.	A/I/R		
<b>PERSONAL ATTRIBUTES</b>			
Leadership skills, ability to motivate and influence others	A/I		
Team player, Integrity, Negotiation skills, good time management/organisation skills	A/I		
Ability to deliver difficult messages in a sensitive manner	A/I		
Credibility with others as a clinician and a leader	I/R		
Exemplary personal standards of conduct and behaviour	A/I/R		
Possesses values and beliefs that enables others to deliver services effectively	A/I/R		
Passion for working with adults experiencing mental health difficulties	A/I		



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A flexible attitude	A/I		
Ability to work across community settings and travel across a geographical area.	A		
<b>Ability to demonstrate the positive application of our behaviours.</b>	<ul style="list-style-type: none"><li>• Respectful</li><li>• Honest and Trustworthy</li><li>• Caring and Compassionate</li><li>• Taking the time to talk and listen</li><li>• Working together and leading by example</li></ul>		

<b>JOB HOLDER</b>	<b>SIGNATURE</b>
	<b>DATE</b>
<b>MANAGER</b>	<b>SIGNATURE</b>
	<b>DATE</b>