

# Employee benefits

University Hospitals  
of Leicester  
NHS Trust



## Health and Wellbeing

- Amica counselling service
- Slimming world classes
- Healthy eating cookery classes
- Emotional Resilience workshops
- Free family fun days
- A range of sporting opportunities including UHL football team, badminton club, pool and darts tournament



## Travel

- Salary Maxing Scheme
- Free travel via hospital hopper across three sites.
- Discounted car parking



## General Benefits

- Long service awards
- NHS Pension Scheme including Life Assurance
- Occupational sick pay
- 27-33 days holiday (plus bank holidays)
- Option to buy extra holidays
- Flexible retirement options



## Family

- Childcare vouchers
- Maternity/adoption/paternity/shared parental leave
- Flexible working
- Careers leave



## Discounts

- NHS /Shopping discounts
- Red Guava with more discounts
- Health Service Discount card



## Recognition

- Caring at its best awards
- Above and beyond

