



**NHS**

**Birmingham and Solihull  
Mental Health**  
NHS Foundation Trust

Become part of  
Team BSMHFT

# Consultant Psychiatrist

## General Adult

Acute Inpatients  
Larimar Ward  
Ardenleigh Hospital

**WE  
ARE  
HIRING**

Candidate information pack

 **compassionate**  **inclusive**  **committed**



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Thank you for expressing an interest in our Trust

**Birmingham & Solihull Mental Health NHS Foundation Trust provides comprehensive mental healthcare services for residents of Birmingham and Solihull and to communities in the West Midlands and beyond**

"We very much look forward to welcoming you to our Trust, and supporting you in all ways possible to exceptionally fulfil your potential to provide the best quality care for our patients"

Dr Fabida Aria  
Executive Medical Director  
Birmingham & Solihull  
Mental Health NHS  
Foundation Trust



compassionate



inclusive



committed



# About us

Birmingham is the second largest city in the UK and as a result brings with it a whole range of culture, social, sporting and leisure opportunities. It is one of the youngest cities in Europe which adds to the vibrancy of the area.

We operate out of more than 50 sites and serve a population of 1.2 million spread over 172 square miles. We have an annual budget of £240 million and a dedicated workforce of over 4,000 staff.

Our catchment population is ethnically diverse and characterised in places by high levels of deprivation, low earnings and unemployment. These factors create a higher requirement for access to health services and a greater need for innovative ways of engaging people from the most affected areas.

As a foundation trust we have more financial control over the services we provide, allowing us to involve our local communities in the healthcare decisions we make. The views of our staff, service users and their carers and families are central to everything we do.

We provide a wide range of inpatient, community and specialist mental health services, including:

- Adult community and inpatient services
- Substance misuse services
- Mental health services for older people
- Services for children and young people
- Specialist and complex care, including perinatal, deaf service, eating disorders and neuropsychiatry
- Offender health, including delivery of healthcare services at HMP Birmingham
- Specialist psychological services
- Services for homeless people
- Liaison Psychiatry service within acute hospitals
- Improving Access to Psychological Therapies (IAPT)

Together, these services include elements of rehabilitation, crisis and home treatment, assertive outreach, early intervention, day services and mental health wellbeing.



# Our Trust Values

Our values are core to our Trust, are integral to our strategy and who we are. They are promoted through everything we do.

 <b>Compassionate</b> <ul style="list-style-type: none"><li>• Supporting recovery for all and maintaining hope for the future.</li><li>• Being kind to ourselves and others.</li><li>• Showing empathy for others and appreciating vulnerability in each of us.</li></ul>	 <b>Inclusive</b> <ul style="list-style-type: none"><li>• Treating people fairly, with dignity and respect.</li><li>• Challenging all forms of discrimination.</li><li>• Valuing all voices so we all feel we belong.</li></ul>	 <b>Committed</b> <ul style="list-style-type: none"><li>• Striving to deliver the best work and keeping service users at the heart.</li><li>• Taking responsibility for our work and doing what we say we will.</li><li>• Courage to question to help us learn, improve and grow together.</li></ul>
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# Why Birmingham & Solihull?

Centrally located, Birmingham is the second largest city in the UK and as a result brings with it a whole range of culture, social, sporting and leisure opportunities. It is one of the youngest cities in Europe which adds to the vibrancy of the area.

Following the success of the Birmingham 2022 Commonwealth Games and with excellent transport links through Birmingham International Airport and Grand Central Railway Station, it's the perfect place to live, work and develop your career.

For lots more information about Birmingham & Solihull, click on the links:

<https://visitsolihull.co.uk>

<https://visitbirmingham.com>





## Welcome message from Kerry Webb, Clinical Director for Acute Mental Health Services

“Thank you for taking the time to consider a position as a general adult psychiatrist within our organisation. Acute Care services are at the heart of what we provide. Our 9 home treatment teams work seamlessly with our inpatient wards to ensure that assessment, diagnosis, treatment and management are considered across the pathway. There is opportunity to liaise closely with urgent care and CMHT services upstream, and rehabilitation and forensic services downstream. Our wards have been undergoing significant quality improvement work focusing on ward staffing and skill mix, therapeutic and recreational activity programmes, and clinical decision making being led locally by the MDT and chaired by the ward consultant.

We have consultants that work 10PAs and others that have chosen a flexible working programme which we are keen to support wherever we can. We have some in their first consultant post consolidating their higher training skills, knowledge and experience and others with many decades of general psychiatry experience. The in-house peer group meetings enable a safe place to bring cases to share and gain peer support. Using SPA time, there are consultants actively involved in teaching and PGME work, others in Royal College projects. Our Clinical Leads advise and drive forward clinical quality and safety and we also have doctoral research supported within our directorate.

I also welcome the opportunity to discuss ideas around flexible and blended posts”



**Birmingham and Solihull  
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# Our offer to you

We know that moving to a new trust or new role can be stressful and difficult. We will provide support to make this as easy as possible. We offer:



Induction to support with early tasks such as appraisal, job planning and consultant on call rota

A monthly consultant CPD programme, which runs alongside our weekly postgraduate medical education programme

Early meeting with the Medical Director and Deputy Medical Director to identify career ambitions and any additional training/support needed

We support the West Midlands RCPsych Mentorship scheme

Regular management supervision

Flexible working opportunities

Annual leave above national terms and conditions of service

A range of health & wellbeing support

Support with relocation expenses

Special interest sessions

Involvement in research & innovation



# Health and Wellbeing

Health and wellbeing support is available to all BSMHFT staff in a variety of forums and formats.

We have a specific calendar of activities taking place throughout the year and toolkits available to support managers and staff

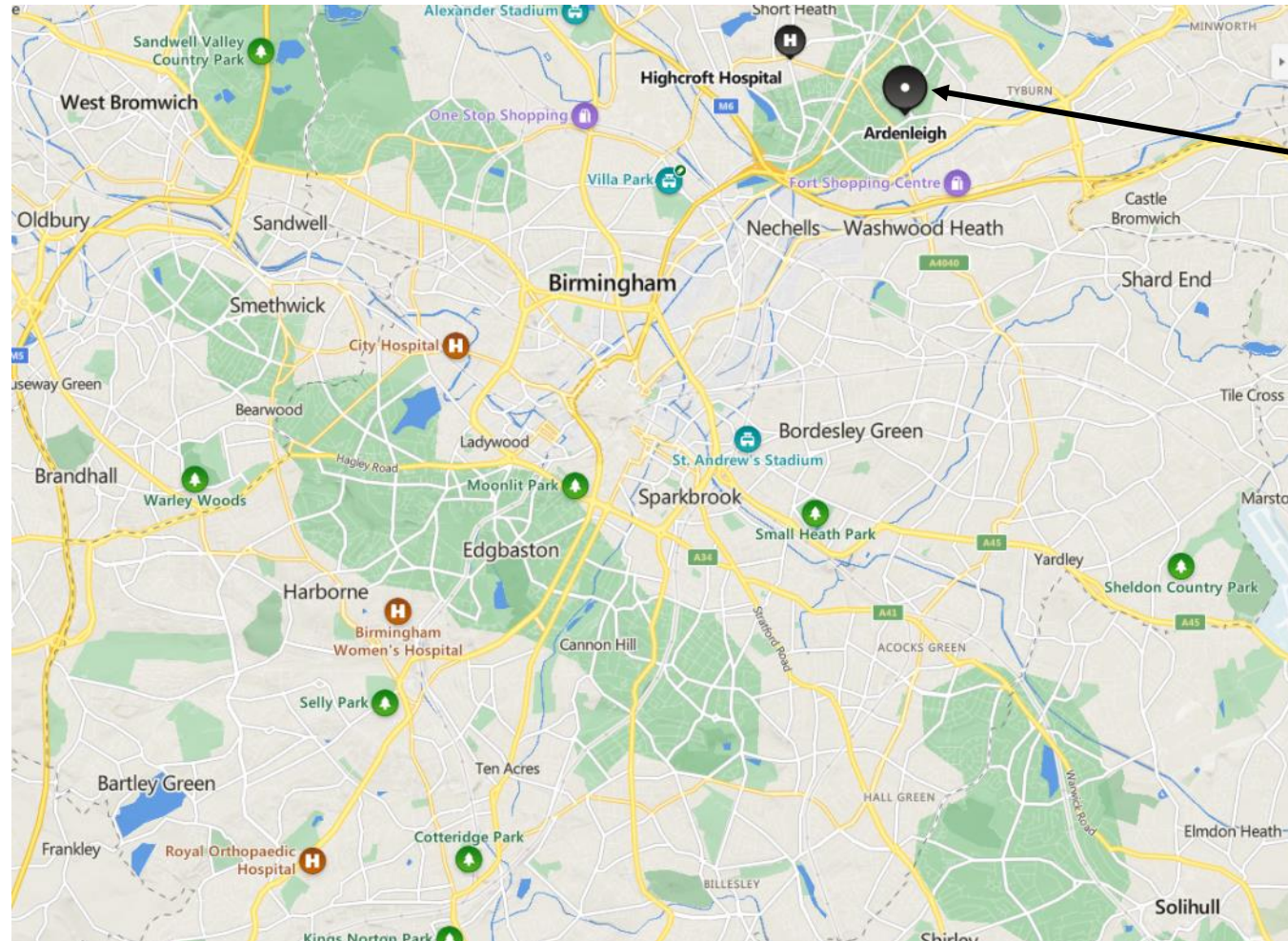
- Occupational Health Support
- Employee Assistance Programme
- Physiotherapy
- Staff physical spaces : take a moment rooms
- Compassionate Mind Training sessions
- Staff Wellbeing courses
- Post incident support toolkit
- Needle Stick helpline
- Menopause toolkit
- Financial wellbeing support
- Vaccination clinics
- Caring Minds charity



# Our Acute Inpatient Opportunity



Birmingham



**Larimar Ward**  
Ardenleigh Hospital  
385 Kingsbury Road  
Erdington  
Birmingham,  
B24 9SA