



## BIRMINGHAM AND SOLIHULL MENTAL HEALTH NHS FOUNDATION TRUST

### JOB DESCRIPTION AND PERSON SPECIFICATION

Job Title	Consultant Psychiatrist - Assertive Outreach Team East	
Directorate	Integrated Community Care and Recovery (ICCR)	
Royal College of Psychiatrists approval details:	<i>Approval details to be completed by RCPsych</i> <b>RCPsych Ref No: XXXXXXXXX</b> <i>RCPSych to insert Approval Stamp</i>	
Base address	Small Heath Health Centre, 42 Chapman Road, Small Heath, Birmingham B10 9PG	
Contract	Part time (8 Programmed Activities) as per New Consultant Contract for England 2003 (revised 2018)	
Accountable professionally to	Roisin Fallon-Williams, CEO through Dr Fabida Aria, Medical Director	
Accountable operationally to	Dr Selvaraj Vincent, Consultant Psychiatrist and Clinical Director	
Key working relationships and lines of responsibility	Trust Chair	Philip Gayle
	Chief Executive	Roisin Fallon-Williams
	Medical Director & Responsible Officer	Dr Fabida Aria
	Director of Operations	Vanessa Devlin
	Associate Director of Operations	Elaine Murray
	Deputy Medical Director – Quality and Safety	Dr Renarta Rowe
	Deputy Medical Director- Medical Workforce, Professional Practice, MHA Legislation and Transformation	Dr Imran Waheed
	Associate Director of Operations:	Elaine Murray
	Clinical Director:	Dr Selvaraj Vincent
	Line Manager	Dr Selvaraj Vincent
	Locality Manager	Munya Mwerenga
	Team Manager	Steven Medd

*Ctrl+Click on the link to jump straight to the relevant section*

Section	Contents
1	<a href="#">Job Summary</a>
2	<a href="#">Introduction</a>
3	<a href="#">Our Vision and Values</a>
4	<a href="#">Our operating structure and services</a>
5	<a href="#">Our academic links – Undergraduate and Postgraduate Medical Education</a>
6	<a href="#">Research and Innovation</a>
7	<a href="#">The Service, Demographics and Caseload numbers</a>
8	<a href="#">The Post</a>
9	<a href="#">Role of post in terms of strategic service development/business planning</a>
10	<a href="#">Duties and Responsibilities</a>
11	<a href="#">Job Plan and Timetable</a>
12	<a href="#">On Call arrangements</a>
13	<a href="#">Support to the post holder and for the role</a>
14	<a href="#">Continuing Professional Development (CPD)</a>
15	<a href="#">Appraisal and Revalidation</a>
16	<a href="#">General Terms and Conditions</a>
17	<a href="#">Contact details for further information</a>
Appendix 1	<a href="#">Person Specification</a>
Appendix 2	<a href="#">Health and Well-being offer</a>

## 1. Job Summary

BSMHFT are seeking to appoint a Consultant in General Adult Psychiatry within the East Integrated Community Service Area to provide psychiatric care to the East Assertive Outreach Team. This is a replacement post which has come up due to the departure of the previous Consultant Psychiatrist.

Assertive outreach teams provide intensive support to people who are suffering from a mental health problem and are the most vulnerable. They support people who have historically avoided contact with mental health services and do this using a flexible and creative approach to engagement.

## 2. Introduction

Thank you for expressing an interest in our Trust.

Birmingham and Solihull Mental Health NHS Foundation Trust (BSMHFT) provides a comprehensive mental healthcare service for residents of Birmingham and Solihull and to communities in the West Midlands and beyond.

Birmingham is the second largest city in the UK and as a result brings with it a whole range of cultural, social, sporting and leisure opportunities. It is one of the youngest cities in Europe which adds to the vibrancy of the area.

We operate out of more than 50 sites and serve a culturally and socially diverse population of 1.2 million spread over 172 square miles. We have an annual budget of £240 million and a dedicated workforce of over 4,000 staff – making us one of the largest and most complex Mental Health Foundation Trusts in the country. Our catchment population is ethnically diverse and characterised in places by high levels of deprivation, low earnings and unemployment. These factors create a higher requirement for access to health services and a greater need for innovative ways of engaging people from the most affected areas.

This gives us the perfect opportunity to try new ways of engaging, educating and interacting with our population. This additional creativity is essential to enable us to fulfil our ambition to ensure that all members of our population with mental illness access the care and the help that they need at the time that they need it.

We provide a wide range of inpatient, community, and specialist mental health services, including:

- Adult community and inpatient services
- Substance misuse services
- Mental health services for older people
- Services for children and young people
- Specialist and complex care, including perinatal, deaf service, eating disorders and neuropsychiatry
- Offender health, including delivery of healthcare services at HMP Birmingham
- Specialist psychological services
- Services for homeless people
- Liaison Psychiatry service within acute hospitals
- Improving Access to Psychological Therapies (IAPT)

Together, these services include elements of rehabilitation, crisis and home treatment, assertive outreach, early intervention, addictions, day services and mental health wellbeing.

The address of our Trust Corporate Headquarters is:

**Birmingham and Solihull Mental Health NHS Foundation Trust**

Uffculme Centre, 52 Queensbridge Road, Moseley, Birmingham, N13 8QY

**Tel:** 0121 301 1111

**Email:** [bsmhft.commsteam@nhs.net](mailto:bsmhft.commsteam@nhs.net)

**Website:** [www.bsmhft.nhs.uk](http://www.bsmhft.nhs.uk)

### 3. Our Vision and Values

#### Our Vision

As an organisation, our vision describes what we want to achieve – our aspiration for the future. Our vision is at the heart of everything we do and every decision that we make.

Our vision is simple: ***Improving mental health wellbeing***

We are working in four keyways to achieve this vision which the following themes running through our strategy:

#### Driving change

Leading the way and encouraging collaboration across systems to develop joined up, integrated mental health services for our population.

#### Continuous improvement

Continually seeking to question, improve, learn and innovate through our practices, our research and our developments.

#### Working together

Co-producing our strategies and plans with our people, our partners and our service users, families and carers.

#### Reducing inequalities

Working in a way that tackles discrimination, addresses stigma, and encourages equality for all.

#### Our Values

Our values are core to our Trust, are integral to our strategy and who we are. They are promoted through everything we do.



#### Compassionate

- Supporting recovery for all and maintaining hope for the future
- Being kind to ourselves and others
- Showing empathy for others and appreciating vulnerability in each of us

**Inclusive**

- Treating people fairly, with dignity and respect
- Challenging all forms of discrimination
- Valuing all voices so we all feel we belong

**Committed**

- Striving to deliver the best work and keeping service users at the heart
- Taking responsibility for our work and doing what we say we will
- Courage to question to help us learn, improve and grow together

## 4. Our Operating Structure and Services

The Trust Chair is Philip Gayle and the Chief Executive is Roisin Fallon-Williams. Our Trust Board currently comprises our Chair, six Non-Executive Directors, the Chief Executive and four Executive Directors. The Board has collective responsibility for the direction and performance of the Trust and to ensure that the Trust meets its obligations to the current independent regulator for Foundation Trusts, Monitor.

We work beyond our borders to support our neighbouring trusts as part of the Mental Health Alliance for Excellence, Resilience, Innovation and Training (MERIT). This is made up of the local Trusts in the West Midlands working in partnership to transform the way acute mental health services are provided to service users, patients and their carers across the region.

BSMHFT is a Digital Exemplar trust and as such we have an ambitious programme of improving patient care and efficiency using digital technology and systems. This has already seen tremendous success with digital records and digital prescribing and will be extended further in the future.

Quality is an important focus for our Trust. These innovations help to raise the quality of care our service users and families receive, we are keen to improve the quality of care further in collaboration between service users, clinicians and academics. The aim is to ensure quality is embedded in every aspect of our work.

The Trust has the following Service Directorates:

**Integrated Community Care and Recovery (ICCR)**

Includes Community Mental Health Teams, Assertive Outreach Teams, Inpatient Rehabilitation Units, Solihull CAMHS SOLAR, Solihull Addictions SIAS, Specialist Psychotherapy Service, Homeless CMHT, Homeless Primary Care and Recovery Near You Wolverhampton

**Acute Care and Urgent Care**

Acute care includes Crisis and Home Treatment Teams, Acute Adult Inpatient Units and Psychiatric Intensive Care Units;

Urgent care includes Liaison Psychiatry, Street Triage, Place of Safety, Psychiatric Decision Unit

**Older People and Specialties**

Adult Services - Older Adult CMHTs and OA Inpatient Units and Specialist Services including Neuropsychiatry, Eating Disorders, Perinatal Services and Specialist Mental Health Services for the Deaf

**Secure and Offender Services**

Includes Community Forensic Teams, FIRST Team and Inpatient Forensic Services

Each of these Directorates is led by an Associate Director and a Clinical Director. The Directorates are further supported by Heads of Service and Clinical Service Managers who work closely with the Team Managers and Clinicians of the relevant teams.

## **5. Our Academic Links – Undergraduate and Postgraduate Medical Education**

BSMHFT has teaching status, and this reflects the close relationship between the Trust and Birmingham University's in all aspects of education, research and development. The Department of Psychiatry of the University of Birmingham is currently located within the National Centre for Mental Health in the Barberry building which itself lies in close proximity to the medical school and main university campus. The current Head of the Department of Psychiatry is Professor Femi Oyeboode. The department is part of a wider Division of Neurosciences at the University.

We are the largest teaching Trust for medical undergraduate psychiatry training with over 450 students enjoying placements with the Trust each year. Students are received from both the University of Birmingham and Aston University Medical Schools. Clinical teaching of psychiatry occurs during the fourth and fifth years and all Consultants are required to participate through the attachment of medical students to their clinical team. We have a thriving teaching community and there are opportunities for Consultants and SAS doctors to teach on lecture programmes and to supervise medical student projects. For those with greater interest and commitment to teaching and research, the department offers honorary status together with Senior Academic Tutor posts, which carry additional responsibility for training of medical students.

The Trust also delivers high quality post-graduate training at foundation, core, and higher specialist training levels. The Associate Medical Director for Medical Education is Dr Ruth Scally who leads a dynamic postgraduate medical education department. Consultants are expected to promote a supportive training atmosphere through supervision of individual trainees, contribution to local teaching and training programmes and assist in clinical exams. Creativity and innovation in teaching is encouraged with an emphasis on simulation and the use of digital technology. Mentoring and training will be offered to consultants who wish to pursue an interest in medical education

All trainee doctors receive one hour of education supervision time per week, over and above day to day clinical supervision.

There is a weekly postgraduate programme of case conferences, journal clubs and audit meetings which the post holder is expected to participate in.

In addition to our educational links with Birmingham and Aston, we have a strong partnership with the University of Warwick Medical School primarily through Associate Clinical Professor Vivek Furtado, in Forensic Psychiatry. The School of Mental Health and Wellbeing at the university offers a unique combination of experts in psychiatry, public health, cardiovascular health, psychology, social sciences and community paediatrics. Their research activities include epidemiology, trials of complex interventions at individual, family and community levels, and understanding socio-cultural and environmental determinants of mental health and wellbeing.

For forensic psychiatry, Associate Professor Furtado leads on research spanning forensic psychiatry, long term care in forensic psychiatry, old age psychiatry, prison psychiatry, old age forensic psychiatry, systematic reviews and health economics.



## 6. Research and Innovation

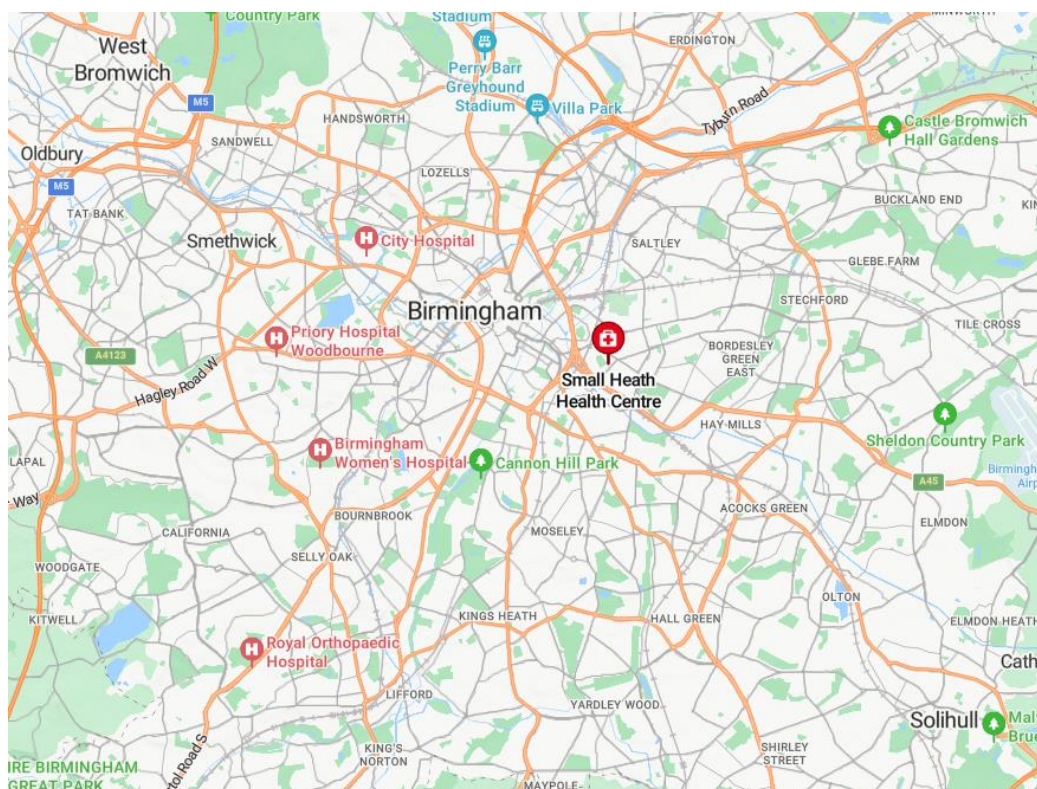
The Trust has an approved Research and Development (R&D) strategy, which aims to make BSMHFT one of the most research active mental health trusts in the UK and internationally, while also aiming to ensure that our service users benefit from this locally. The Trust is an active participant in local and national Clinical Research Networks (LCRN). A number of academic psychiatrists employed by the University undertake clinical activities within BSMHFT and some BSMHFT staff have honorary positions with the University in research or teaching roles.

We see the expansion of our research capacity, capability and activity as key to ensure service users and families receive the very best care. We want our clinicians to operate at the cutting edge of research and innovation, to ensure that we provide the highest quality services to our patients. We believe that this will enable us to recruit and retain the highest calibre of healthcare professionals which will bring about the best outcomes for our population.

We will support post holders to be involved in research and innovation at the Trust by ensuring that they are up to date with the creation of the latest evidence base. This may be either as part of supporting professional activities, via internal and external applications for research and innovation funding to enable backfill and/or more formally through negotiation with their Clinical Director to ensure that research and innovation activities are part of the job plan. Consultants involved in supporting recruitment to National Institute for Health Research (NIHR) Clinical Trials Portfolio are also able to bid to the Trusts annual R&I Investment fund for backfill and/or Research Assistant resource.

## 7. The Service, Demographics and Caseload numbers

**Location of base :** Small Heath Health Centre, 42 Chapman Road, Small Heath, Birmingham B10 9PG



Assertive Outreach aim to provide services dependent upon what is relevant to the service user as an individual. They strive to establish a relationship with the service user to understand their specific needs, hopes and aspirations. This will include:

- Assessment of service user needs with emphasis on collaborative working.
- Working with service users and their families and carers, building upon their strengths and abilities, promoting independence and choice.
- Tailoring assessments and interventions around Coping Strategies, Managing Risk, Relapse Prevention, Substance Misuse, Psychological Interventions, Medication Management and promotion of Engagement with Treatment Plans.
- Providing practical support with benefits, finances, health, housing and daily living skills.
- Assisting with access to a range of community resources, vocational training and employment opportunities.  
Supporting service users and their families in skills associated with preventing relapse and reducing stress.
- Assisting service users in maintaining good physical health.
- Encouraging and signposting toward opportunities to make friends, socialise and pursue hobbies / interests.
- Providing a team approach to the above, allowing AO teams to work in a creative, flexible and consistent manner

Assertive Outreach Services across the Trust are linked in an overall Assertive Outreach Programme looking at the Clinical Governance and the development of services. The successful applicant will be encouraged to take an active part in this process.

The postholder will cover a population of adults of working age comprising of GP populations of 25-64 year olds predominantly in the East sector of the city. The current case load of the Assertive Outreach Team is 120.

Service users requiring intensive/acute intervention will be managed through local Home Treatment teams and In-patient facilities at BSMHFT. The Consultant Psychiatrist will be expected to remain responsible for the service user's care in both Community and In-patient setting.

### **Home Treatment Teams**

Due to functionalisation and recent service redesign, this post will be linked to the East Home Treatment Team.

### **Care co-ordinator**

Each service user in Mental Health Services will have a care co-coordinator under the Care Programme Approach. This person is responsible for co-coordinating appropriate assessment, care planning and review of care in conjunction with the service user

### **Care planning**

Devising a care plan is part of the process of understanding and responding to the service user's needs and agreeing the way forward, in conjunction with the service user. The care plan should be completed as per the care record policy and procedure. Any advance directives should be made clear in the care plan.

The written care plan should be drawn up by the named Care Co-ordinator with the involvement of the service user and where appropriate their carers and family members. The service user should be asked to agree the care plan and a copy should be passed to the service user (and carer where the service user has consented).

### **Intervention and Support**



Any support required from the service is ideally identified early in the service user episode and is facilitated by the care coordinator. Interventions are provided as appropriate in line with NICE and care package guidance.

There is a service specification for Community Assertive Outreach Teams detailing measurable and auditable activities which underpin the range of services delivered which is in line with National guidance outlining the role and quality requirements of community mental health services.

The locality also has:

- Access to in-patient detoxification service, Edward Myers Centre, Stoke-on-Trent, as well as residential rehabilitation.
- Close links with the Midlands Post-graduate Psychiatric training rotations, such that core trainee doctors are often placed here for 6 monthly placements and senior trainees are frequently placed for special interest training.
- Close links with Changing Lives, a vulnerable women's charity supporting those who are domestic violence victims.
- Integrated working with the police, probation, criminal justice/prison service and social services.
- Continuing developing links with Black Country Partnership NHS Foundation Trust around the treatment of patients suffering from co-morbid substance misuse issues and severe and enduring mental illness.

## 8. The Post

### **Consultant Psychiatrist in the Assertive Outreach Team - East Integrated Community Service**

**Replacement:** This post is a part time (8 PAs) substantive post. There are opportunities for additional sessions to convert to a full time post for those interested.

The Consultant Psychiatrist will provide medical leadership as Responsible Clinician to the multidisciplinary team, co-ordinate and deliver the care plan through following the community assertive outreach model. The multidisciplinary team will include junior medical staff (physician's associate); psychologist; occupational therapist; pharmacist; art therapist; speech and language therapist, social worker; senior nurse; and medical secretary.

## 9. Role of post in terms of strategic service development and business planning

There is a strong Clinical Governance framework including service and overall programme committees, which report to the Trust CGC. Doctors are expected to regularly attend their local CGC and audit meetings and to supervise and participate in clinical audit usually with colleagues. There is a programme Clinical Governance Facilitator who supports governance activities.

Doctors are also expected to participate in Quality Improvement activities and can access Quality Improvement training if required.

Active involvement in National audits (e.g. related to Physical health, POMH audits) and CQC inspection and action plans is expected of the Consultant.

The post-holder will be expected to proactively support the requirements of Clinical Governance and to have responsibility both individually and with colleagues for the general management of the service. This will include dealing with complaints, identifying and reporting critical untoward incidents, fostering clinically effective and evidence-based interventions and good quality care to patients.

## 10. Duties & Responsibilities

1. Provide clinical leadership to the East Assertive Outreach Team in delivering responsive, effective and inclusive mental health community services to the designated catchment area.
2. Provide expert assessments informed by evidence for referred individuals with severe and enduring mental health difficulties and complex needs.
3. Develop risk assessment and management plans in conjunction with the Multidisciplinary team, service user, carers and other involved agencies and facilitate maximum empowerment of the service user and carer in developing informed choice of treatment interventions.
4. Be the Responsible Clinician and be willing to undertake training to obtain section 12(2) MHA and renew this approval according to agreed procedures. Undertake assessments to include Mental Health Act assessments where appropriate.
5. Provide Approved Clinician responsibility for the relevant patients.
6. Complete all documentation following each clinical contact using our electronic notes system (RIO) in a timely manner. The Trust policy requires input of all notes within a maximum 3 days, although normally clinicians aim to input notes on the same or the next day.
7. Proactively liaise with other mental health teams and primary care to ensure continuity of care and appropriate information sharing.
8. Provide clinical leadership to the East Assertive Outreach Team in delivering responsive, effective and inclusive mental health community services to the designated catchment area.
9. Develop and oversee the implementation of care planning through the MDT.
10. Provide evidence-based bio-psychosocial interventions to promote recovery and social inclusion, including integrative working with external agencies to ensure community engagement.
11. Promote equality of access to Services, ensuring services are provided in a culturally sensitive manner
12. Responsible for the prescription of appropriate treatments, including drug treatments.
13. Liaise closely with other functional teams and Trust services, as well as with General Practitioners within the locality to ensure provision of consistent and appropriate treatment services.

14. Maintain links, as appropriate, with the various statutory and non-statutory services involved in the care of individuals under your care.
15. Actively contribute to the clinical governance programme in the local hub / team and to the overall clinical governance agenda as well as to the programme's audit, research and Quality Improvement priorities.
16. Involvement in the teaching of junior doctors and medical students. To take part in the Directorate academic programme. The post-holder may also be asked to participate in the teaching of non-medical staff.
17. Provide clinical supervision of medical trainees within the team.
18. Participation in management duties including membership of committees, assigned duties and responsibilities.
19. Contribute to the Consultant on call rota.
20. Provide reciprocal cover for annual, study and sick leave of colleagues.
21. Remain registered for CPD and maintain up to date knowledge and expertise.

## 11. Job Plan and Timetable

An indicative job plan:

### 6.0 PAs Direct Clinical Care (DCC)

### 2.0 PAs Supporting Professional Activities (SPA)

Job plans are developed and agreed jointly with the clinical lead and are reviewed regularly or as the need arises.

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
AM	Admin (Clinical Governance/ Consultants meeting once a month) <b>1 SPA</b>	Clinic / CPA reviews <b>1 DCC</b>	PGME CPD <b>1 SPA</b>	Visits / Supervision <b>1 DCC</b>	Optional Cover to Rehabilitation unit Ward Rounds / Admin 1.5 DCC and 0.5 SPA
PM	MDT meeting / Case bust session <b>1 DCC</b>	Visits (MAC once a month) <b>1 DCC</b>	Team meeting Tribunals <b>1 DCC</b>	Ward round <b>1 DCC</b>	

Please note, there can be some flexibility in terms of the working days during the week.

Job plans are recorded electronically and will be reviewed annually or if there are any significant changes. Workload will be adjusted during job plan reviews. The job plan takes into account of travel time between sites.

SPAs provide ring-fenced time for supervision, CPD, audit and non-clinical admin.

## 12. On Call arrangements

The post-holder will be expected to take part in an on-call rota (currently 1 in 23) which attracts an on-call supplement of 3% (Category A). The rota is a three tier system with junior doctors in tier one and middle grade/SpR in tier two and consultants in tier three. The consultants cover liaison psychiatry at the accident and Emergency department(s), inpatient units and community adult services.

## 13. Support to the post holder and for the role

We know that moving to a new trust or a new role can be stressful and difficult. We will provide support to make this as easy as possible.

We offer a new consultant CPD programme which runs alongside the standard consultant CPD programme. This helps to ensure that new consultants receive support from their peers, but also helps to ensure that the trust can learn as much as possible from the new vision and perspective that new additions to the trust can offer. We offer additional induction to support with early tasks such as appraisal, job planning and consultant on-calls. We support the West Midlands RCPsych Mentorship scheme and encourage all new doctors to identify a mentor to support with transitional steps. All new consultants are met by the Medical Director and Deputy Medical Director shortly after commencing the post to help identify career ambitions and any additional training/support offer that may be helpful. As a trust we want all staff members to reach their full potential, and we want to support with every step of your development. We recognise challenges post Covid-19 pandemic and hope that our well-established wellbeing offer is able to support during difficult times. We want the best for our local population and to achieve this we strive to do the best for our staff.

There will also be Regular Management Supervision by the line manager.

### Support from medical and non-medical colleagues:

The postholder will be supported by the local team (including a Team Manager, Clinical Service Manager, Clinical Director/Clinical Lead) in the active monitoring of caseload changes through Caseload Management introduced as part of Integrated Community Services' Quality Improvement.

There is a Consultant for each AOT (North, South, East [this post], Handsworth, Solihull and Central).

There is also 0.8 WTE SAS / Middle Grade to support AOT and associated inpatients. The middle grade doctor will usually provide 0.2 WTE to a rehabilitation unit making the middle grade post 1.0 WTE. There is also a 1.0 WTE junior core trainee doctor allocated to this post subject to GMC training accreditation.

The East Assertive Outreach team is also composed of:

- 1.0 Team Manager
- 1.0 Clinical Lead
- 7.0 CPNs
- 1.0 Senior Social Work
- 2.0 Support Workers
- 1.0 Specialist Registrar
- 1.0 Occupational Therapist
- 1.0 Clinical psychologist
- 1.0 Medical Secretary
- 1.0 Team Secretary

**Secretarial and admin support:**

The Consultant will have access to a medical secretary and team administrative support.

**Office Arrangements and access to IT equipment:**

The administrative base will be well-equipped and the Consultant will have office accommodation, single or shared, depending on location. A personal computer will also be provided

In addition, support for remote working will be provided with laptop connected to Rio and other Trust systems, along with a mobile phone, according to the requirements of the post. This can support flexible working and efficient on call work where applicable.

#### 14. Continuing Professional Development (CPD)

The post-holder will be expected to be registered with the Royal College of Psychiatrists and to remain in Good Standing for Continuing Professional Development. The post holder will attend the Trust's monthly consultant CPD meeting and weekly postgraduate medical education programme. Time and resources will be made available for the post holder to effectively participate in CPD activities. The post holder will have access to a local CPD peer group.

**Study Leave:**

Consultants are entitled to 10 days of study leave per year with pay and expenses (for UK based events), in accordance with the study leave policy that requires appropriate cover to be arranged and an application form to be completed detailing the objective of the study leave, its connection to the applicant's PDP and the benefits of the leave to the applicant and the service area.

**CESR Programme:**

The Trust has a great CESR programme and has committed to the SAS Charter to help doctors progress in their career and gain Specialist Registration. SAS doctors are supported by the Trust SAS Lead and are encouraged to gain Approved Clinician status. A number of SAS doctors have been supported to obtain Consultant posts within the Trust.

#### 15. Appraisal and Revalidation

The post-holder will be required to participate in annual appraisal. This will be undertaken by a trained appraiser and provides a supportive framework to ensure all Consultants have a personal development plan which supports their CPD activities. In addition, participation in multi-source feedback/360 appraisal is required as part of the GMC revalidation process.

#### 16. General Terms and Conditions

### **Employer**

The post-holder will be employed by Birmingham and Solihull Mental Health NHS Trust.

### **Remuneration**

The salary will be in accordance with the Terms and Conditions – Consultants (England 2003). The salary scale from 1 April 2023 is £93,666 per annum to £126,281 per annum pro rata. The salary on commencement will depend on a Consultant's seniority.

The on-call supplement for the post has been agreed as 3% of the basic salary (Category A).

Progression through the thresholds will be dependent upon satisfactory performance, as assessed through the job planning and appraisal mechanisms.

The candidate will be eligible for Clinical Excellence Awards as per national and Trust procedures.

Relocation expenses may be reimbursed subject to eligibility. The policy provides for reimbursement up to £8,000.

### **Annual Leave**

The post-holder will be entitled to the annual leave provision outlined in the Terms and Conditions – Consultants (England 2003) with additional leave approved at Trust level. Entitlements are:

33 days per annum rising to 35 days after 7 complete years of service.

Requests for annual leave should be submitted to the Clinical Director for authorisation. Adequate cover arrangements are the responsibility of the post-holder and should be in place prior to leave being taken.

In addition there is an entitlement to 8 public/statutory holidays as follows:

New Year's Day  
Good Friday  
Easter Monday  
May Day  
Spring Bank Holiday  
August Bank Holiday  
Christmas Day  
Boxing Day

### **Cover for Colleagues**

The post-holder will be expected to provide reciprocal cover for colleagues during annual, study and short-term sick leave.

### **Health Clearance**

The successful applicant will be required to complete a health questionnaire and obtain clearance from the Occupational Health Department as a condition of employment.

### **Health and Wellbeing**

All staff have access to a range of initiatives across the Trust. See Appendix 2 for full information.



**Health and Safety**

Staff must ensure that they are familiar with the requirements of the Health and Safety at Work Act (1974), the Trust's Health & Safety policies/codes of practice or regulations applicable to the workplace.

**No Smoking**

This Trust acknowledges its responsibility to provide a safe, smoke free environment, and to ensure that it makes provision for its employees, service users and visitors. The Trust therefore actively discourages smoking on Trust property.

**SAS Charter**

BSMHFT has fully signed up to the SAS Charter, a process developed by the British Medical Association for Specialist, Associate and Specialty Doctors, in relation to pay, working conditions and career development.

**Rehabilitation of Offenders Act**

Because of the nature of the work of this post, it is exempt from the provisions of Section 4(2) of the Rehabilitation of Offenders Act 1974 by virtue of the Rehabilitation of Offenders Act 1974 (Exempt Order 1975). Applicants are therefore not entitled to withhold information about convictions, including those which are 'spent' under the provisions of the Act. In the event of employment, any failure to disclose such convictions could result in disciplinary action including dismissal being taken by the Trust. Any information provided will be treated with confidence.

**Confidentiality**

It is a condition of employment that staff will not disclose any information obtained in the course of their duties other than to those entitled to receive it. The postholder must ensure that the confidentiality of personal data remains secure and the terms of the Data Protection Act are met in respect of information held on the Trust's computerised systems.

**Equal Opportunities**

The Trust is committed to equality of opportunity. Equal opportunities is an important part of the human resource function and all staff are required to ensure that all policies and practices are in accordance with current legislation, good practice and the NHS Executive's Planning & Priorities Guidance 1996/7.

**17. Contact details for further Information**

For further information or to make arrangements to visit the Trust, please contact:

Dr Selvaraj Vincent, Clinical Director, Zinnia Centre | [selvaraj.vincent@nhs.net](mailto:selvaraj.vincent@nhs.net) |

Tel: 0121 3015312 / 0121 3015326

**Appendix 1 - PERSON SPECIFICATION:**

Consultant Psychiatrist - Assertive Outreach Team – East Hub Integrated Community Service		
	Essential	Desirable
<b>QUALIFICATIONS</b>	<ul style="list-style-type: none"> <li>• MRCPsych or equivalent</li> <li>• Full GMC registration.</li> <li>• Approved under Section 12(2) of the Mental Health Act (1983)</li> <li>• CCT in General Adult Psychiatry (or within 6 months at time of interview) or equivalent</li> </ul>	<ul style="list-style-type: none"> <li>• Relevant Higher Degree e.g. MD,PHD,Msc or other additional clinical qualifications.</li> <li>• Section 12 Approval MHA and Approved Clinician status already held.</li> </ul>
<b>TRAINING</b>	<ul style="list-style-type: none"> <li>▪ Be within six months of the award of a Certificate of Completion of Specialist Training(CCT) in General Adult Psychiatry; or Be eligible for inclusion on the Specialist Register</li> <li>• Commitment to personal programme of Continuing Professional Development.</li> </ul>	<ul style="list-style-type: none"> <li>• Organisation of further teaching programmes in medical education or multi professional education.</li> </ul>
<b>EXPERIENCE</b>	<ul style="list-style-type: none"> <li>• Experience of assessing and treating patients in acute &amp; community psychiatric settings.</li> <li>• Experience of providing psychological and/or social interventions.</li> <li>• Experience of effective multidisciplinary team involvement.</li> <li>• Experience of teaching and training at an undergraduate/postgraduate level.</li> <li>• Experience in providing high quality assessments which incorporate a comprehensive biopsychosocial understanding.</li> </ul>	<ul style="list-style-type: none"> <li>• Experience in Brief Psychological Therapies.</li> <li>• Broad experience in Risk Management.</li> <li>• Experience of contributing to or completion of a service improvement project.</li> <li>• Experience of stakeholder engagement in service delivery</li> <li>• Experience serving a multi-cultural, multi-ethnic population.</li> </ul>
<b>KNOWLEDGE</b>	<ul style="list-style-type: none"> <li>• Understanding of the management skills required to function successfully as a consultant.</li> <li>• Knowledge of risk management</li> <li>• Knowledge and evidence of participation in CPD.</li> </ul>	<ul style="list-style-type: none"> <li>• Knowledge of recent developments and drug advances in the psychiatry specialty applied for.</li> <li>• Knowledge of NHS planning</li> </ul>
<b>RESEARCH &amp; AUDIT</b>	<ul style="list-style-type: none"> <li>• Commitment to clinical audit within multi-disciplinary team.</li> </ul>	<ul style="list-style-type: none"> <li>• Published research or audits.</li> </ul>
<b>PERSONAL SKILLS</b>	<ul style="list-style-type: none"> <li>• Flexibility and adaptability to respond to changing service needs.</li> <li>• Ability to manage own time, workload and prioritise clinical work.</li> </ul>	<ul style="list-style-type: none"> <li>• Ability to communicate in a second language.</li> </ul>

	<ul style="list-style-type: none"> <li>• Ability to appraise own performance.</li> <li>• Ability to work with diverse communities.</li> <li>• Excellent communication skills written and verbal.</li> <li>• Skills in working with individuals who are difficult to engage.</li> <li>• Ability to use IT, including e-mail and the internet.</li> <li>• Evidence of potential for effective leadership</li> <li>• Ability to work creatively within multi-disciplinary team.</li> <li>• Willingness to be involved in management of service.</li> <li>• Ability to manage complex situations and tensions.</li> <li>• Ability to take a leadership role in a multidisciplinary team, ensuring high quality care and staff morale.</li> </ul>	
<b>PERSONAL CIRCUMSTANCES</b>	<ul style="list-style-type: none"> <li>• Able to participate in Consultant on-call rota.</li> <li>• Able to travel within the community.</li> </ul>	

## Appendix 2 – HEALTH AND WELL-BEING OFFER

Health and well-being support is available to all BSMHFT staff in a variety of forums and formats. We have a specific calendar of activities taking place throughout the year and toolkits available to support managers and staff. Further information on services available are provided below:

### **PAM Occupational Health support**

People Asset Management Ltd (PAM) is our provider of occupational health and wellbeing services. They offer a number of services to help us take care of our physical and mental health. Referrals can either be made through your line manager or through self-referral.

### **Employee Assistant Programme (EAP) 'PAM Assist'**

A free, 24/7 confidential service, created to help you access guidance and support when you need it. Support is available via telephone, online, app or face to face, in a variety of areas, including:

Personal Life	Health	Growing Older
<ul style="list-style-type: none"><li>• Buying a new Home</li><li>• Getting Married</li><li>• Raising Children</li><li>• Family Friction</li><li>• Bereavement</li><li>• Pregnancy</li><li>• Addictions</li><li>• Infertility</li><li>• Miscarriage</li><li>• Parents at Home</li><li>• Abuse</li><li>• Anxiety</li><li>• Discrimination</li><li>• Legal Problems</li><li>• Housing</li><li>• Neighbours</li></ul>	<ul style="list-style-type: none"><li>• Health Advice</li><li>• Health Terminal Illness</li><li>• Drug / Alcohol Abuse</li><li>• Long term illness</li><li>• Accident &amp; Injury</li><li>• Post natal depression</li><li>• Nurse Helpline</li></ul>	<ul style="list-style-type: none"><li>• Retirement planning</li><li>• Life after work activities</li><li>• Early retirement</li><li>• Relationships</li><li>• Keeping healthy</li><li>• Estate Planning</li><li>• Loneliness</li></ul>
	At Work	Money Management
	<ul style="list-style-type: none"><li>• Employment disputes</li><li>• Starting a new job</li><li>• Returning to work</li><li>• Redundancy</li><li>• Dealing with Conflict</li><li>• Flexible working rights</li><li>• Mediation</li></ul>	<ul style="list-style-type: none"><li>• Debt management</li><li>• Budgeting</li><li>• Reduced income</li><li>• Identity theft</li><li>• Credit cards</li><li>• Interest rates and finance</li><li>• Court proceedings</li></ul>

### **Physiotherapy**

Whether your injury or discomfort has been caused by work or not, our occupational health provider (PAM) provide a comprehensive service and interventions to help you recover. Telephone advice and initial assessment is completed through the Physio Health Information Line which is PAM's physiotherapy service

### **Workstation Assessments**

PAM (our Occupational Health Provider) offer Ergonomic Workstation Assessments as part of their wellbeing service. An Ergonomic assessment are for staff with more complex issues or diagnosed conditions and are completed by specialist staff either from PAM or Posturite.

### **Staff physical spaces : Take a moment rooms**

These rooms give colleagues a safe space to unwind, relax and take time out. We currently have four sites within the Trust with this provision at Juniper, Ardenleigh, Reaside and Rookery Gardens.

### **Compassionate Mind Training Sessions**

Training to help us understand how our brains can lead us to feeling a sense of threat, which can make us very self-critical. Through learning to understand our bodies and minds and developing ways to bring compassion to our experiences, we can be better equipped to deal with life's difficulties.

### **Post incident support toolkit**

Provides various support mechanisms and resources for staff or managers following and incident including how to access ongoing/longer term support and for staff who are required to give evidence in court or legal processes. Includes peer groups, Balint Groups and access to Mentoring and Coaching.

### **Needle Stick Helpline**

We have a dedicate helpline available 24/7 for staff if they sustain a needle stick injury.

### **Menopause toolkit**

As part of the Trust's wellbeing strategy a toolkit has been developed to support women and help managers to have conversations with staff about any support they need and to create an open and inclusive culture.

### **Financial wellbeing**

As a valued NHS colleague you have access to a range of discounts and offers via a Blue Light Card and Vivup. In addition, whether you drive, take the bus or cycle, we have schemes and discounts available to support you in getting around.

### **Vaccination clinics**

Flu and Covid-19 vaccination clinics provided to staff covering the majority of our Trust sites in line with the national calendar of vaccinations.

### **Caring Minds**

Caring Minds is our Trust charity and raises funds to provide resources to enhance our wellbeing

### **Recovery College**

Open to all staff, service users, families and carers. Provides a range of courses including *Beinning Mindfulness*, *Caring in a Crisis* and *Five Ways to Wellbeing*.

### **Staff Wellbeing Courses**

Developed by our Learning and Development team to include *Mind Managing Mental Health Awareness at Work* and *Psychological First Aid*