

Our values

P	R	I	D	E
PROFESSIONALISM	RESPECT	INNOVATION	DIGNITY	EMPOWERMENT
<p>Behaviour We will maintain the highest standards and develop ourselves and others</p> <p>How will we demonstrate the behaviour? By showing compassion and showing care, honesty and flexibility</p>	<p>Behaviour We will create positive relationships</p> <p>How will we demonstrate the behaviour? By being kind, open and collaborative</p>	<p>Behaviour We are forward thinking, research focused and effective</p> <p>How will we demonstrate the behaviour? By using evidence to shape the way we work</p>	<p>Behaviour We will treat you as an individual</p> <p>How will we demonstrate the behaviour? By taking the time to hear, listen and understand</p>	<p>Behaviour We will support you</p> <p>How will we demonstrate the behaviour? By enabling you to make effective, informed decisions and to build your resilience and independence</p>



Our mission

Our mission is to put people in control of their care. We will maximise life opportunities for individuals and their families by enabling them to look beyond their limitations to achieve their goals and aspiration. In other words:

“To offer people the best help to do the best for themselves”

Our vision

We want to give those people who need our services the best possible chance to live a full and happy life, despite their condition or circumstances.

Recovery – we will adopt the principle in all our services, empowering patients to achieve independence and the best possible life changes, removing dependence and giving them and their families (in the case of children) control over their care.

Integration – we will work closely with providers along pathways to deliver integrated person-centred care and support to local people close to their homes, principally in non-institutional settings. We will also integrate with key partners to improve efficiency and effectiveness and simplify access.

Specialist services – we are one of England’s leading providers of key specialist mental health services, with particular expertise in eating disorders, children and young people’s mental health, autistic spectrum disorders and female personality disorders.